

# Staying safe down on the farm

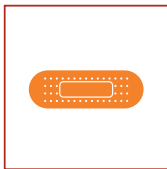
## A visit to an open farm

Getting to meet the animals on a farm is exciting. But animals can carry germs, and some of these can make you sick. So you need to be careful. If you remember a few simple things you can really enjoy your visit and do a lot to keep away those germs.

### Before your visit



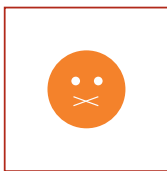
Wear clothes that are right for being on a farm; for example, **wellies** or good strong shoes – not sandals.



Make sure that any **cuts or grazes** you have are **covered** with waterproof dressings.



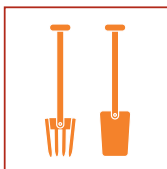
### Meeting the animals



It might seem like great fun, but **don't kiss animals** or **allow them to lick your face**.

Don't suck your fingers or put anything you find in **your mouth**.

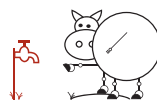
When you're with the animals or in the animal area, **don't eat or drink** anything – and **never eat animal food** or pick up any food from the ground.



Unless someone working on the farm gives you permission, **don't touch any tools**, for example spades or forks. And **never touch any animal droppings**.



After visiting the animal area, always **wash your hands** thoroughly with **soap and warm water**, rinse in running water and dry thoroughly.



# Feeding time - for you!



Eat only in **areas** where you have been told it's **OK**.

**Wash your hands with soap and warm water** and **dry them properly** before you start to eat.



Eat only **food you have brought with you**, or **food you have bought from a food shop** on the farm.



**Don't drink from any taps** unless they are clearly marked that it's OK to drink from them.

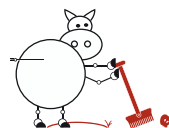
**Don't drink** unpasteurised or **raw milk**.



## ...and before leaving



**Don't leave any food** lying around behind you. Take it home or put it in **waste bins** provided.



Make sure you **clean your wellies or shoes** and then **wash and dry your hands** properly before you leave the farm.

