
**Minutes of the ninth meeting of the All-island Obesity Action Forum, held on
Tuesday 27 November 2012 at the Clarion Hotel, Dublin**

Present

Mr Martin Higgins	safefood (chair)
Ms Ursula O' Dwyer	Department of Health
Mr Ian McClure	Department of Health, Social Services and Public Safety
Ms Jennifer McBratney	Public Health Agency, NI
Ms Claire Holmes	British Dietetic Association NI
Dr Muireann Cullen	Nutrition and Health Foundation
Ms Richelle Flanagan	Irish Nutrition and Dietetic Association
Ms Sinead Furey	Food Standards Agency NI
Dr Niamh Murphy	Waterford Institute of Technology
Dr Janas Harrington	University College Cork
Ms Joanne Vance	Irish Cancer Society
Mr Kevin O'Hagan	Irish Cancer Society
Dr Tony Gaynor	Department of Education and Skills
Ms Maureen Mulvihill	Irish Heart Foundation
Dr Nazih Eldin	Health Service Executive
Prof Kevin Balanda	Institute of Public Health in Ireland; Association for the Study of Obesity on the island of Ireland

In Attendance

Dr Marian Faughnan	safefood
Dr Clíodhna Foley-Nolan	safefood
Ms Emily Kelleher	safefood , Minute Secretary

Apologies

Dr Tracy Owen	Public Health Agency
Ms Grace O'Malley	Association for the Study of Obesity on the island of Ireland
Mr Paul Donnelly	Sport Northern Ireland
Ms Linda Wilson	Department of Education NI
Ms Maria Jennings	Food Standards Agency
Mr Brendan Heaney	Diabetes UK NI
Mr Gerry McElwee	Cancer Focus NI
Prof Ivan Perry	University College Cork
Dr Marie Murphy	University of Ulster

1. Welcome

Mr Martin Higgins welcomed members to the ninth Forum meeting. The Association for the Study of Obesity on the island of Ireland was welcomed to the forum. Apologies were noted.

2. Roundtable introductions

Members introduced themselves.

3. Minutes of meeting 19 June and any matters arising

Draft minutes from the previous meeting were approved within one month of the last meeting. There were no matters arising.

4. Policy Update

Northern Ireland (NI) - Mr Ian McClure

A number of initiatives were highlighted;

- Fit and Well: Changing Lives is the new 10 year Public Health Strategy in NI (to replace the Investing for Health Strategy) and will be launched early in 2013.
- A 10 year breastfeeding strategy which aims to protect, promote and support breastfeeding will also be launched in 2013.
- The Obesity Prevention Steering Group have met a couple of times to oversee progress of the Framework for Preventing and Addressing Overweight and Obesity in Northern Ireland 2012-2022: 'A Fitter Future for All'. This group reports to the Ministerial Group on Public Health on an annual basis.
- Implementation of non-departmental outcomes continues to be taken forward by Public Health Agency.
- The work is supported by the Executives commitment to invest £7.2m in obesity prevention over the next 3 years
- Findings from the 'Health Survey Northern Ireland 2011/2012 were launched on the 22nd November and key results show that the level of overweight and obesity in adults and children has risen by 2% and 4% respectively.

Republic of Ireland (ROI) - Ms Ursula O' Dwyer

A Special Action Group on Obesity (SAGO) continues to meet regularly. This group is working on a number of issues;

- The Broadcasting Authority of Ireland (BAI) code and 9pm watershed are back on the SAGOs agenda.
- The Health Impact Assessment (HIA) on sugar sweetened beverages (SSBs) has been completed and submitted to Minister for health James O' Reilly.
- Calorie posting in restaurants is voluntary at the moment, the minister wrote to fast food outlets across ROI to show what support would be offered to participating chains. A number of large chains are keen to participate.
- The department of Health and Food Safety Authority of Ireland (FSAI) have developed a tool to assist people in working out calories for their menus and an audit on the tool will be available at the end of the year.
- SAGO have a meeting with Food and Drink Industry Ireland (FDII) to discuss marketing to children and in particular the provision of SSBs in vending machines in schools.
- SAGO have approved a 'Physical Activity Plan' for ROI and a note on this will go to the government.
- Public Health and Wellbeing Policy will be launched in December 2012.
- Dr James Reilly Minister for Health ROI launched two publications on June 13th which provide general information and advice which complement many of the actions this Government is taking on obesity. The booklets, "Your Guide to Healthy Eating Using the Food Pyramid" from the Department of Health and the complementary FSAI resource for Health Professionals, "Healthy Eating and Active Living for Adults, Teenagers and Children over 5 years – A Food Guide for Health Professionals and Catering Services" are relevant to persons from age 5 years upwards.
- At EU level: nutrition and physical activity group has been formed and are producing a report on impact of strategy on member states.
- A Presidency meeting will be held in March 2013 and will focus on childhood obesity.

5. Member Updates

As result of the Forum evaluation the meeting has been restructured so as to facilitate a more detailed discussion on relevant and topical issues. Therefore prior to the meeting members were asked to provide a brief update with regards to any campaigns or initiatives on-going in their organisation. Please find comprehensive list of [member updates below](#).

Irish Heart Foundation

- The IHF outlined top four actions to help tackle childhood obesity at the Oireachtas Committee on Health and Children on Thursday 11th November.
 1. Fiscal measures – taxes and subsidies to promote health and specifically proposed a 20% health-related food tax on Sugary Sweetened Beverages.
 2. Protection children from marketing of foods high in fat, sugar and salt
 3. Schools should be protected environments, free from marketing and commercial sponsorship and the concept of the health promoting schools should be promoted and supported.
 4. Increase opportunities for physical activity for young people in all settings
- IHF ran a campaign in September for Heart month on targeting blood pressure. It was aimed at disadvantaged groups and over 4,500 individuals had their BP checked.

Health Service Executive

- A Physical Activity Plan has been developed and approved by SAGO.
- The consultation document for the algorithm for children is to be implemented in 4 different areas in 2013.
- HSE are working with University College Dublin (UCD) on the World Health Organization's Childhood Obesity Surveillance Initiative (COSI) and results will be available in April/May 2013.
- A new programme for the prevention of chronic disease in Ireland, led by Dr Fenton Howell has been implemented.
- 4 treatment centres have been established in Galway University hospital, St. Colmcilles, Beaumont and Connolly.
- The HSE is currently being restructured.

safefood

- Two reports have been launched over the past month. One investigating body weight misperception on the island of Ireland and the other on nutrition surveillance on the island of Ireland. Both reports can be downloaded on the **safefood** website. <http://www.safefood.eu/Publications/Research-reports.aspx>

Public Health Agency

- Work is on-going to develop a phased public information campaign to raise awareness of obesity, to personalise the issue and promote and encourage small practical lifestyle changes.
- The 'Give it a Go' campaign will be rerun again in conjunction with the obesity campaign in 2013.
- A new module of the 'Cook it' resource will run in 2013/2014.
- A pilot initiative to enable primary care staff to refer patients into a commercial weight loss programme was launched in October 2012, funded by the NI Health and Social Care Board.

British Dietetic Association NI

- The NI Board seeks to build on the links already established with other organisations e.g. Diabetes UK, FSA, PHA, BHF etc. to work in partnership in tackling obesity.

Nutrition and Health Foundation

- Initial work underway with Spurling cinema group nationwide to determine current purchase behaviours in relation to foods, drinks and portion sizes for adults and their children when visiting a cinema. Also investigating the interest amongst consumers in having healthier food and beverage options, smaller portion sizes and calorie information provided in cinemas. It is hoped to develop an initiative from this, naturally subject to the responses received.

Irish Nutrition and Dietetic Institute

- INDI have submitted their first pre-budget submission in reference to childhood obesity.
- Currently looking to extend community services particularly focussing on prenatal care and toddlers.

Food Standards Agency NI

- The FSANI has launched a six-month pilot scheme that will see local food businesses displaying calorie information on menus for the first time. Caloriewise will encourage consumers to make more informed choices when eating out. Evaluation began in September and will be on-going.

Waterford Institute of Technology

- Community based intervention underway and aimed at teenagers. Evaluation is on-going and will be monitored on a yearly basis.
- Undertaking secondary analysis of the Growing Up in Ireland Study.

Association for the Study of Obesity on the island of Ireland

- The ASOI is a practitioner based group set up in 2012 to develop an understanding of obesity through the pursuit of excellence in research and education, the facilitation of contact between individuals and organisations, and the promotion of action to prevent and treat obesity, across the island of Ireland. The Institute of Public Health hosts the ASOIs website
<http://obesity.thehealthwell.info/asoi/welcome>
- The inaugural study day was held in Dublin on Sept 6th and was oversubscribed. 64 abstracts submitted. Presentations and abstracts are available on ASOI website
- An online needs analysis regarding the establishment of the association was completed and 449 responses were collected (results on ASOI website)
- Training in obesity assessment and management was delivered to clinicians at Waterford General Hospital during a one-day course by ASOI members.
- On-going collaboration with the Association for the Study of Obesity (UK); International Association for the Study of Obesity and the European Association for the Study of Obesity. ASOI will run a satellite meeting at the 2013 European Congress on Obesity (Liverpool)

Institute of Public Health in Ireland

- The IPH have finished the health impact assessment on SSBs and have submitted the report to SAGO and the department of health.
- Continue to work on the Obesity Hub <http://obesity.thehealthwell.info/>
- Currently finishing work on a 'at risk' food poverty indicator on the island of Ireland.

University College Cork

- Currently working on three projects
 1. Cork Childrens Lifestyle Study to assess the 'energy gap' between energy intake and energy output: Data collection is underway.
 2. Food Choice at Work Study: investigate the impact of environmental engineering alone or in combination with nutrition education on long-term dietary behaviours, nutrition knowledge and general health status of employees for a duration of 6 months in large Cork based workplaces
 3. Feasibility of Digital Imaging as a method of dietary intake assessment.

Irish Cancer Society

- Upcoming Conference on the 29th May 2013 will focus on 25 years of the European code against cancer and will highlight the role of alcohol, obesity and physical activity.

Department of Education and Skills ROI

- In October 2012 the Minister for Education and Skills published a new Framework for Junior Cycle. The Framework identifies 8 principles that will underpin the new Junior Cycle.
- The DES is currently carrying out the second Lifeskills Education Survey in both the primary and post-primary sector. The original Lifeskills Survey was carried out in 2009.

Mr Higgins thanked members for their contributions and highlighted the value of the preceding updates.

6. Topic for Discussion

One discussion topic was previously put forward by Forum members.

- Fiscal measures to reduce the consumption of Sugar Sweetened Beverages (SSBs)

Key points and concerns emerging from the discussion around fiscal measures to reduce SSB consumption included;

- The Danish experience is being used as an argument against fiscal measures. There is a need to learn from the fat tax experience in Denmark and to gather all information related to it moving forward. The taxation mechanism had been quite complex to implement and cross-border trade was also an issue.
- A tax on SSBs on IOI should be easy to implement as there are many healthier choices available. There is a need for simplicity.
- To gain public trust there is a need to highlight what will be saved and how it will impact on lives.

Discussion ensued on measures to strengthen the case for a tax on SSBs:

- The HIA completed by the IPH on SSBs should further strengthen the debate.
- Presenting to key parliamentary committees would be beneficial.

- The economic cost of obesity report will provide the figures to back up the economic argument.
- Search the literature for improvements that will happen for disadvantaged groups.
- Involve all stakeholders and the media
- Work with industry to ascertain any doubts or reservations they have in relation to the proposed tax.

7. Next Forum Workshop

The next forum workshop will be held in June in Belfast. All members are invited to make suggestions for this workshop. Engaging industry and the built environment have been put forward as potential topics.

8. AOB

Mr Higgins acknowledged the work of the All-island Obesity News editorial team and of the recent edition <http://allislandobesityforumnewsletter.eu/NovemberBulletin2012.html>

As there was no further business the meeting concluded at 3.30pm.

Member Updates:

Organisation Name	Ongoing Campaigns		
safefood	Stop the Spread	The "Stop the Spread" campaign ran in 2011 was based on encouraging people to measure their waist and reflect on their own weight. Individual recognition of body weight status is one of the main barriers to tackling overweight and obesity on the island. The campaign comprised of television, radio, social and digital media.	http://bit.ly/UikAck
	Weigh2Live	The Weigh2Live online resource provides free, independent advice for losing weight (and keeping it off) in a healthy, sustained way and forgetting about fad dieting. It's practical and contains interactive tools. It was developed by safefood and INDI. It is a key resource in the HSE-ICGP Weight Management Treatment Algorithm for health professionals in ROI. Promotion of this resource is currently via web/social media.	http://bit.ly/U1yAVY
	Little Steps	Developed by safefood and the Health Service Executive in collaboration with the Health Promotion Agency, Northern Ireland. The website and promotional materials are available.	http://bit.ly/UO9pog
Nutrition and Health Foundation (NHF)	NHF Move Smart Week June 2012	Move Smart week took place in association with the Camogie Association to encourage one and all to get out and active. A week long of events took place in clubs nationally.	Movies@Dundrum: http://bit.ly/bLAte1 Movies@Swords: http://bit.ly/XJ36Kt Movies@Gorey: http://bit.ly/R4EOHL Mayo Movieworld: http://bit.ly/XJ39Wz SGC Dungarvan: http://bit.ly/10oLzpg http://bit.ly/U1yayF
	Healthy options at cinemas	NHF working with Spurling Group on consumers behaviours and desires with regards to the provision of healthy options, portion sizes and calorie posting in cinemas	
	Eat Smart, Move Smart Booklet for teenage Camogie Players NHF seminar 2012	Booklet being developed through focus groups with Camogie squads on nutrition, exercise, supplements, fluids etc based on questions posed by the teenage players at focus groups. For launch later this year. Obesity: where so we stand & where do we go from here? Hosted on the 19 th of September in the Gibson Hotel. Speakers and attendees from industry, non-government organisations, Government, media, academia etc. Presentations (where permitted) can be found on our website.	
BDA NI Board	Obesity Management	Jennifer McBratney now represents BDA NI Board on the Fitter Future for All Implementation Group. Dietitians across the province have contributed to the scoping exercise undertaken by the Implementation Group. The NI Board seeks to build on the links already established with other organisations e.g. Diabetes UK, FSA, PHA, BHF etc. to work in partnership in tackling obesity. A response to the 'Fit and Well: Changing Lives 2012-2022' public health strategic framework for NI has been submitted to the DHSSPS by the NI Board.	Nicola Morris, BDA Policy Officer n.morris@bda.uk.com Claire Holmes, BDA NI Board member Claire.holmes@westerntrust.hscni.net

		The Health Promoting Dietitians network are seeking ways of communicating the role of public health and community dietitians in enabling groups and individuals to make healthier food choices, particularly in preventing obesity.	t
Waterford Institute of Technology	Fit4Life4Youth	Targeted at non-active teenagers in Kilkenny. 80 participants. Based on adult Fit4Life concept.	
Public Health Agency (PHA)	Public information campaign Health improvement 'identity'	Baseline research has informed the development process and the campaign is planned to launch early January 2013. It will be supported by a website and local supporting activities with partner organisations, The campaign is designed to complement and follow on from recent <i>Stop the Spread</i> campaign undertaken by safefood . Development work is progressing to create a publicly recognisable 'identity' or 'brand' for all health improvement work relating to obesity in the first instance. The brand 'Choose to live better' is at creative design stage and will be used alongside the public information campaign.	
Irish Society of Chartered Physiotherapists (ISCP)	Move4Health Campaign 2012	The annual ISCP Move4Health Campaign for 2012 <i>Move More to Fight Cancer</i> focuses on the significant impact regular exercise can have on cancer prevention and recovery.	http://bit.ly/HPXGok
Chartered Society of Physiotherapy NI (CSPNI)	Move for Health	Improve your health and sense of well-being by increasing your levels of physical activity and taking regular exercise	http://bit.ly/p33mK0
Diabetes Ireland	World Diabetes day Pre Diabetes campaign and Diabetes awareness	Annual health awareness exhibition, screening, AGM various stands and presentations Dublin, November Media awareness campaign on signs and symptoms of Diabetes and highlighting the need to reduce weight and change lifestyle.	www.diabetes.ie
Irish Cancer Society (ICS)	Bowel Cancer Awareness month April 2012 (complete) Men's Health Week Breast Cancer Awareness Month October	The focus was on prevention through healthy diet and physical activity and being a healthy weight. New Physical Activity Pyramid for our Reduce your Risk publication was developed in partnership with ISCP for their "move more" campaign. In support of Mens Health week ISC developed a new men's health Section on their website. New concept for 2012 being developed. It will retain focus on how risk reduction by up to 42%, through limiting or avoiding alcohol, being physically active and being a health weight. Information to follow.	http://bit.ly/TfMVgQ http://bit.ly/SeyY54

	2012		
Sport NI	Active8	Activ8 began in 2009 as a social marketing campaign aimed at raising awareness among primary school children of the importance of taking part in at least 60 minutes of physical activity every day and of eating a healthy and balanced diet by promoting the eight Activ8 steps.	http://bit.ly/UOa9cY
	Active Communities	Active Communities is a Sport NI lottery funded initiative that aims to increase participation in sport and physical recreation in Northern Ireland. Through Active Communities, Sport NI is working in partnership with the 26 district councils within Northern Ireland to help over 100,000 people in NI to get active and stay active.	http://bit.ly/Wn4Oe3
	Awards For Sport	Awards for Sport is a small grants programme aimed at increasing participation in sport and physical activity especially among under-represented groups. SNI plans to launch the programme later this year subject to budgets.	http://bit.ly/TjW3mA
Irish Heart Foundation (IHF)	Tax on sugar sweetened drinks	IHF say that sugar sweetened drinks have 'no nutritional value' and just one small glass can equal 20% of a child's sugar intake. The latest announcement follows public reports of government plans to apply a 10% sugar tax to such drinks, which the Irish Heart Foundation says is 'not enough'.	http://bit.ly/RCAFI0
	Oireachtas Committee on Health and Children	The IHF outlined top four actions to help tackle childhood obesity at the Oireachtas Committee on Health and Children on Thursday 11 th November: 5. Fiscal measures – taxes and subsidies to promote health and specifically proposed a 20% health-related food tax on Sugary Sweetened Beverages. 6. Protection children from marketing of foods high in fat, sugar and salt 7. Schools should be protected environments, free from marketing and commercial sponsorship and the concept of the health promoting schools should be promoted and supported. 8. Increase opportunities for physical activity for young people in all settings	
Irish Nutrition and Dietetic Institute (INDI)	Eat Smart, Move More	INDI are working with HSE and ISCP to port over the 'Eat Smart, Move More booklet' for families and children.	www.indi.ie for current booklet
Organisation Name	<i>Schools, Workplace, Community initiatives</i>		
safefood in collaboration with the Public Health Agency (PHA)	'Eat, Taste and Grow'	This curriculum based, fun, interactive educational resource was launched in June 2011 and distributed to all primary schools in NI in September 2011. The central theme of the resource is food and it is designed to help children enjoy learning about the origins and production of food and the importance of eating a balanced diet and being physically active.	http://bit.ly/TiOgXn
safefood in collaboration with the Food Standards Agency (FSA) NI	Food Labelling Resource	This is an update of safefood's 'How we Measure Up – Deciphering Food Labelling' and the FSA's labelling training resources. It is curriculum based and aimed at GCSE and A-Level students in NI and endorsed by the Council for the Curriculum Examinations and Assessment (CCEA). It was disseminated to post primary schools in September/October 2012	http://bit.ly/TSX29A
safefood	'How we	This resource will be updated in 2013	http://bit.ly/TSX29A

safefood and St. Angela's College, Sligo safefood	Measure Up – Deciphering Food Labelling' ROI		http://bit.ly/T9mvNp
	Take Away My Way	An All-island initiative run in post-primary schools and youth centres run annually since 2011. It's a competition challenging students to choose their favourite takeaway food and then modify the recipe to make it healthier and reduce the cost	
	Sammy and Sally Grow Together	A series of books developed for use in the pre-school setting to help children learn about food and healthy eating. It's a collaboration with Bartletts UK. The second book in the series called 'Sammy and Sally Grow Together' was distributed to preschools on island in early 2012 along with grass seeds and copies of the first book.	http://bit.ly/UilSo4
	Tastebuds ROI	This interactive curriculum based resource for ROI aims to help children enjoy learning about the origins and production of food and the importance of eating a balanced diet. It helps teachers deliver the Food and Nutrition Component of the Social and Personal Health Education curriculum.	http://bit.ly/Si2N38
Nutrition and Health Foundation (NHF)	What's a Healthy Serving Size? A Guide for Pre-Schools	This guide to serving sizes for preschool children was an output of a research project conducted by HSE Community Dietitians in Mullingar developing an healthy eating incentive scheme. safefood and Early Childhood Ireland will disseminate this resource to preschools in ROI.	
	Physical Activity week	Working in conjunction with the Camogie Association of Ireland to establish a physical activity week and to promote PA and good nutrition to 14 – 18 year old girls	
Sports Outreach Unit Ulster Sports Academy University of Ulster	European Food Framework	A pan-European project aimed at improving the health of young people throughout Europe. The EFF will comprise a set of competences for young people aged 5-16 years, relating to diet (food and drink), active lifestyles and energy balance. These competences will support the young people's development knowledge and skills relating to their health.	http://bit.ly/bxV678
	Sports Outreach Sport for LIFE	Physical activity /healthy lifestyle projects in in primary and post-primary schools in areas of social disadvantage	http://bit.ly/RYO5Qt

	Teacher Professional Development	The Professional Development Service for Teachers (physical education national programme) in cooperation with the Irish Primary Physical Education Association (IPPEA) and the Physical Education Association of Ireland (PEAI) is creating a national network of teacher clusters for professional development purposes on a phased basis.	le.com/a/pdst.ie/pdst-physical-education/
Waterford Institute of Technology; Kilkenny Borough Council	Smarter Travel Kilkenny	Promotion of active travel city-wide and in targeted schools. Monitoring of physical activity and travel behaviour in 2011, 2013 and 2015 and pedestrian and cycle counts yearly.	
Public Health Agency (PHA)	Give it a Go	The 'Give it a Go!' programme ran throughout March, and activities included supermarket tours to help residents understand food labels, kids' hip-hop classes, walks, sessions on how to grow your own salad bowl and £1 swims during public swim times.	http://bit.ly/UOifCu
	Cook It!	The Cook It! community nutrition education programme has been rolled out across Northern Ireland and a module suitable for use with BME groups has now been developed. This will be tested in the next few months with planned rollout during 2013/14.	
	Commercial weight loss referral scheme	A pilot initiative to enable primary care staff to refer patients into a commercial weight loss programme was launched in October 2012, funded by the NI Health and Social Care Board. Eligibility criteria are in place and participants receive 12 vouchers to attend a class of their choice with a participating provider. There is an option for a further 12 weeks if attendance and weight loss is demonstrated.	
Chartered Society of Physiotherapy NI (CSPNI)	Workout at Work Day	To promote physical and mental health and wellbeing in the work environment.	http://bit.ly/10FmUvT
Cancer Focus Northern Ireland	Quick Fit programme	The <u>Quick Fit</u> programme has been developed to encourage individuals in local workplaces to develop a healthier lifestyle. This programme includes a comprehensive overview (through a presentation) of the ways that a healthy lifestyle can reduce the risk of cancer. This is followed by one-to-one health checks using the body composition scales. A follow-up visit is arranged for approximately 3 months later as an incentive for the individuals to work to achieve these goals.	Anne Devlin, Cancer Focus NI annedevlin@cancerfocusni.org
	Schools Health Education Package (SHEP)	Every school in Northern Ireland receives a leaflet explaining the parts of SHEP; they can avail of the whole package or pick the parts they would like to run.	Niamh McDaid, Cancer Focus NI niamhmcdaid@cancerfocusni.org
Irish Cancer Society (ICS)	Healthy for Business Programme	This workplace health promotion programme provides a range of services companies and employees incorporating information provision, health education, cancer prevention and health promotion programmes.	http://bit.ly/10FnSCh
	Community Health Education	CHEP is a lay health awareness programme training volunteers from all walks of life, to raise awareness in their communities of how to reduce your risk of cancer (and other non communicable	http://bit.ly/V1htbk

	programme (CHEP) Relay for Life	diseases) by up to 50% through making health lifestyle choices. A 24 hr community awareness raising event activity to “Celebrate, Remember and Fight back” against cancer. 8 communities will host Relay events across Ireland. A key theme for 2012 events is physical activity as part of a healthy lifestyle and the upcoming National Bowel Screening programme.	
	Daffodil Centres	We currently operate 8 Daffodil centres in hospitals across Ireland. Two more are due to be built in 2012. Up to 40% of enquiries to our nurses and volunteers are prevention/ lifestyle related.	http://bit.ly/WFr8oj
Food Standards Agency in NI in collaboration with Sport NI Food Standards Agency in NI in collaboration with safefood	Activ8 Eatwell	Activ8 Eatwell has been developed as a complete package of three manuals for Foundation, Key Stage 1 and Key Stage 2 primary school teachers throughout NI. The programme facilitates a whole school approach to the promotion of healthy eating and physical activity.	The resources are now available to download from www.activ8ni.net http://bit.ly/TT2Sbh
	Food Labelling Resource	FSA in NI in partnership with safefood have produced a joint food labelling resource for GCSE and A level syllabus in relation to food labelling. On-going work to develop the resource between the dietary health and food standards teams, FSA in NI.	
	Caloriewise	<p>The Food Standards Agency in Northern Ireland has launched a six-month pilot scheme that will see local food businesses displaying calorie information on menus for the first time. Caloriewise will encourage consumers to make more informed choices when eating out. The Caloriewise scheme is being trialled by eight local businesses: The Streat, Sodexo Catering, Botanic Inns, Aramark and Mount Charles Catering and three local health trusts.</p> <p>The Caloriewise pilot will run from 1 May to 31 October 2012. During this time, calorie information will be displayed in one or more outlets of the participating food businesses, following principles for displaying calorie information, as set out by the FSA in Northern Ireland. The pilot will be evaluated to consider the practical issues for businesses, as well as to gauge consumers’ reactions and their understanding of the scheme.</p> <p>A guidance document has been produced, which offers practical advice to assist catering businesses that want to apply voluntary calorie labelling. There is also a guidance document for consumers</p> <p>The scheme was launched at IFEX (International Food Exhibition) and promoted with caterers. It was also showcased at the annual Balmoral Show to promote consumer engagement with the scheme.</p>	
Irish Dietetic and Nutrition Institute and HSE Community Dietetians	Pre-school 3-week menu planning resource	Pre-schools nationwide can benefit from an innovative 3-week menu planning resource designed to ensure that pre-schoolers receive all their daily nutritional requirements. The menu plan was devised as a practical tool to support pre-school services to implement the recommendations of the National Food and Nutrition Guidelines for Pre-school Services published by the Department of Health and Children in 2004.	www.indi.ie to download the plan or www.healthpromotion.ie Contact: maria.barrett@hs
	Healthy Tots	Training program for crèche and preschool staff (Stage 1 and 2). Aim is to prevent childhood obesity. Staff are supported in developing and reviewing healthy eating policies for their crèche or preschool.	

	Training		e.ie
	Way to go kids programme Limerick	Way To Go Kids is a nutrition and fitness education program designed to support overweight and underactive children in developing skills needed to develop a healthy approach to weight management.	Contact: Sinead.glover@hse.ie / annem.geary@hse.ie
	Early Years Health Promotion programme	Project is directed by multisectoral steering group including dietitians, community worker, Sports partnerships, county childcare committee staff, childcare workers and parents. Currently 190 staff and 1586 children are benefiting from programme. Due to lack of funding this programme had to be closed in October 2012.	Contact: emma.ball@hse.ie
	BOUNCE – Built to Move by HSE Health Promotion	The ethos of the programme is to promote weight maintenance in the growing child. The programme wants to help the children participating in the programme to adopt positive lifestyle behaviours such as increasing their level of physical activity, improving their diet and nutrition whilst also reducing the number of hours they spend watching TV or playing videogames.	
	PLAN - Programme for Lifestyle, Activity and Nutrition	18yrs+; Classified overweight by BMI>25 or waist >32"/35" (female/male); At least one cardiac risk factor (overweight/raised lipids/HTN)	Contact: Carola Dietrich
	Up4IT	INDI Community Dietitians working with multi-disciplinary Primary Care teams and community/voluntary sector on Up4It – Cross Border Prevention and Management Childhood Obesity Programmes led out by CAWT (Co-operation and Working together). The programmes aim to improve the health and wellbeing of families through "healthy life skills" programmes, focusing on wellbeing, nutrition and activity. Nutrition component of project includes practical cookery sessions is led by community dietetic service. 1770 individuals - children and their families across 4 pilot sites over 2 years (2011- 2013).	Contact: Emma.ball@hse.ie Contact: Irene.cunningham@hse.ie Up4It: http://bit.ly/TfXMHy
	Families ACE programme and Schools ACE programme Midlands	INDI Community Dietitians working Health promotion staff and trained ACE supporters. 2 programmes delivered each year with 15-20 families on each programme.	Contact: corina.glennon@hse.ie
	The Food and Health Project	Project to train and support food and health peer instructors to facilitate a range of peer- led nutrition education programmes for community groups experiencing disadvantage. It aims to empower individuals by providing a nutrition programme relevant to community groups in the community who are cooking on a budget.	Contact: margaret.oneill1@hse.ie
	Training	-Eating for health - full day interactive course to provide an overview of healthy eating and its	

INDI and safefood and HSE. Croí, the West of Ireland Cardiac Foundation Dept. Clinical Nutrition and Dietetics, Children's University Hospital, Temple St, Dublin1	Healthy Incentive for Preschools (HIP) project Midlands area	<p>application to cookery and shopping -Cook It! programme through schools where school liaison officers are trained to run out the programme with parents and the home economic teachers to run it out with students.</p> <p>The 'Healthy Incentive for Pre-schools' (HIP) project is an ongoing child care intervention in the midlands which aims to develop and evaluate an incentive scheme to improve pre-school nutrition practices in full day care (FDC) pre-schools.</p>	<p>Contact: emma.ball@hse.ie</p> <p>Contact: corina.glennon@hse.ie</p> <p>www.croi.ie Contact: Irene Gibson – 091-893500</p> <p>Contact: Caroline Kelly 091-893500</p>
	Croí MyAction	Patients with an increased CVD risk and their family members/partners invited to attend a 16-week intensive lifestyle programme in a community setting. The programme is nurse lead and the professional multi-disciplinary team consists of a nurse, dietitian, physical activity specialist/physiotherapist and physician. Patients and their partners are also followed up at 1 year.	
	CLANN ("Change your Lifestyle with Activity and Nutrition")	The CLANN programme is an evidence-based lifestyle intervention to reduce excess body weight and cardiovascular risk in morbidly obese adults who have been referred to the bariatric service in Galway University Hospital.	
	W82GO Healthy lifestyle Programme	W82GO is an evidence-based treatment intervention for children and adolescents who are obese (>98 th BMI percentile). Treatment effectiveness has been proved and 12 month results are in line with or better than international reports. The intervention is multidisciplinary and involves dietetics; physiotherapy, psychology and paediatrics. Treatment is undertaken in two phases: phase one is a 6-week programme for families run over two hours each week. Phase two is in the form of Booster sessions every three months.	
Organisation Name	Food Poverty		
safefood, FSA NI, PHAI, PHA, QUB, IPH, DSP, ERSI, HFFA, DHC, DHSSPS.	NI Food Poverty Network	The work in developing a food poverty indicator is on-going and was marked most recently by the successful launch of safefood's brief entitled 'Measuring Food Poverty' on October 16 th at St Andrew's Resource Centre, Dublin. The network are also responding to the NI Regional Obesity Prevention Implementation Group actions of food poverty.	http://bit.ly/TiUoyM
	Demonstration Programme of Community Food Initiatives (CFIs)	The Demonstration Programme 2010-2 will finish in December 2012. It has been independently evaluated and the findings will be disseminated in March 2013. The application process for the next Community Food Initiatives Programme 2013-15 is currently under way with the initial expression of interest phase now completed.	http://bit.ly/T9tKon
	Healthy Food for All (HfFA)	safefood continues to co-fund Healthy Food for All (HfFA) and remains an active member of its Board of Management and Community Food Initiative (CFI) subgroup. HfFA is now a registered	http://bit.ly/T9tKon

	101+ Square Meals	charity. Recent activities include CFI networking events and launch of a Good Practice Guide for Breakfast Clubs. safefood continue to work with the HSE and MABS in updating and disseminating this resource and adapting it for use in NI.	http://bit.ly/TfT9NL
Food Standards Agency in NI	Food Poverty Network	The Food Poverty Network continues to meet. At our most recent meeting it was concluded that given that NI has limited food expenditure data any indicator will potentially be informed through the use of deprivation-based surveys (with the inclusion of the EU Survey on Income and Living Conditions in the Family Resources Survey).	
Irish Dietetic and Nutrition Institute and HSE Community Dietitians	Limerick Food Partnership	The Food Partnership is multisectoral. Food Partnership programs include Healthy Lunches in 16 DEIS Schools in Limerick City, Cook It Programs rolled out Citywide, Community Café, Fruit and Veg Co-op, 2 Community Growing Schemes, Research in Post-Primary Schools, Weaning Food Program.	Contact: christine.gurnett@hse.ie
Organisation Name	Health Services		
Association for the Study of Obesity on the Island of Ireland (ASOI)	Training in Obesity assessment and management	A number of ASOI members provided clinical training to Psychologists, Physiotherapists, nurses and GPs in 2012 (GP meeting Oct 2012; Waterford General Hospital Sept 2012) ASOI is providing a platform for collaboration between clinicians and researchers working in the area of obesity and related fields. ASOI has commenced work on standardising clinical assessment tools and will host on website	www.asoi.info
Public Health Agency	Obesity in pregnancy pilot	Pilot of obesity in pregnancy intervention programme initially undertaken in Southern Health and Social Care Trust, supported by PHA. This is now being developed into a larger pilot to be delivered across all Trusts from January 2013. It will provide an intervention to all pregnant women with a BMI of 40 or above at booking, as part of her maternity care plan.	
Chartered Society of Physiotherapy NI	Physio Works Briefings	Evidence-based briefings to help make the case for physiotherapy services when engaging with GPs and commissioners.	http://bit.ly/RRHqHn
Diabetes Ireland	Support and education of people with Diabetes and their families	CODE, Advocacy campaigns, Leaflets on healthy eating, Diabetes info leaflets, Helpline/website, Diabetes Ireland Magazine	www.diabetes.ie http://bit.ly/mpb1Wc
BDA NI Board	Dietitians in Public Health Leaflet update	Consideration of alternative format eg DVD, video clip on BDA NI website, that might be a more informative way of illustrating roles of public health dietitians etc.	Nicola Morris, BDA Policy Officer n.morris@bda.uk.com

Irish Dietetic and Nutrition Institute and HSE Community Dietitians	<p>Nutrition Reference Pack for Infants 0-12 months: for Health Care Professionals in the Community Setting</p> <p>Training</p> <p>Weight Management Resource Pack</p> <p>Very Low Calorie Diet Factsheet</p>	<p>Nutrition Reference Pack for Infants 0-12 months: for Health Care Professionals in the Community Setting is also provided to PHN's, PN's and Area Medical Officers.</p> <p>Developed by East Coast Community Dietitians. Updated annually with training provided for PHN's, PN's and Area Medical Officers.</p> <p>Community Dietitians deliver training in the following areas:</p> <ul style="list-style-type: none"> -Nutrition therapy and type 2 diabetes -Nutrition support for breast feeding support groups -Roll out of new infant feeding policy and best practice guidelines -Update on infant nutrition -WHO growth chart training -Wt management treatment algorithm for adults- PC team members will be trained in the use of this algorithm and the BMI chart <p>A pack of 15 resources (adapted with permission from the Dietitians in Obesity Management UK Resource pack) to support both dietitians (11 resources) and other health care professionals (4 resources) in evidence based practice when working with overweight/obese clients. Resources include information leaflets on common questions about losing weight, eating healthily & being more active, eating out, meal planning, portion control and weight maintenance.</p> <p>A factsheet aimed at patients and health care professionals, giving up to date, evidence based information and guidance on the appropriate use of very low calorie diets in obesity management</p>	<p>Contact: maureen.mcgowan@hse.ie</p> <p>Contact: emma.ball@hse.ie</p>
Organisation Name	Research and Evidence Based Activities		
Association for the Study of Obesity on the Island of Ireland (ASOI)	<p>Need for representation at the European Association for the Study of Obesity</p>	<p>ASOI conducted an online survey to explore the interest of clinicians and scientists in joining a group to represent their interests at EASO. 449 replies were received and based on the feedback an inaugural conference was held on Sept 6 2012</p> <p>Inaugural Conference was a great success with valuable feedback provided to ASOI.</p> <p>Plan to hold a satellite meeting at the European Congress on Obesity in Liverpool in May 2013</p> <p>Members of the ASOI have presented results of evidence-based obesity treatment in paediatrics and adults at a number of international meetings in 2012</p> <p>A number of ASOI members are involved actively in public health, clinical and laboratory based studies funded by the HRB, the Wellcome Trust and others. A database of research activities will be hosted on the ASOI website for members.</p>	<p>Survey results http://bit.ly/UigF8X</p>

<p>safefood</p>	<p>Advisory Committee work (1)Nutrition Surveillance</p> <p>(2)Body Weight Perceptions</p> <p>Safefood funded – research projects ongoing and due for completion in 2012.</p> <p>Due for completion in '13</p>	<p>(1) A group reviewed recent and current activities contributing to nutrition surveillance on IOI and made recommendations for the future. This is with a view to maximising the use of economic resources and harnessing and maintaining expertise in this important domain using a joint programming approach. A report was produced.</p> <p>(2) safefood set up a working group in 2011 to produce a report and develop a series of recommendations to address this issue of body weight perception. It set out to review current research, identify knowledge gaps, recognise key target group, and examine international data for best practice in communicating actual body weight to those who don't currently recognise their own or their child's true weight status. The report will be published in December 2012.</p> <p>Family eating out events outside of the home (2010-2012)</p> <p>Health professionals attitude towards weight.</p> <p>Early school leavers: a needs assessment from a nutrition perspective.</p> <p>Good days and bad days: an investigation of the habits of shoppers when they do or don't buy healthy foods (2010-2011)</p> <p>Nutrition Takeout Series (2010-2012)</p> <ul style="list-style-type: none"> - What's in that Box? Pizza was published early in 2012. - What's in a Burger was published in August 2012. - What's in your Chinese takeaway? was published in October 2012. <p>Economic cost of obesity.</p> <p>Consumer understanding of portion sizes.</p>	<p>http://bit.ly/PJ99dd</p> <p>Pizza: http://bit.ly/ziG2LX</p> <p>Burger: http://bit.ly/T1duWn</p> <p>Chinese: http://bit.ly/V1iCj8</p>
<p>Food Standards Agency in NI</p>	<p>Investigating how consumers and health professionals in NI understand healthy eating messages</p> <p>Evaluation of Student Survivor Guide</p>	<p>This research completed by Ipsos Mori for FSA in NI, suggests many consumers over-indulge in fatty and sugary foods at the expense of more nutritious alternatives and are unaware of this excess. Processed foods are perceived to be the cheaper option, and many consumers have poor cooking skills. Health professionals believe that the concept of balancing food groups should be emphasised in future messaging.</p> <p>The FSA have completed a comprehensive independent evaluation of the Student Survival Guide resource for school leavers. This study evaluated the Survival Guide to Food and the marketing campaign promoting it. Overall the Guide was viewed as a popular and valued publication. However there remains scope to improve the content of the Guide, the marketing and the means by which</p>	<p>http://bit.ly/WFt000</p>

		messages are disseminated.	
Nutrition and Health Foundation (NHF)	<p>'Healthy options at cinemas'</p> <p>Nutrition and physical activity booklet for teenage girls</p> <p>Partially funding DIT Masters 'Life Skills Module'</p>	<p>Initial work underway with a cinema to determine the interest amongst consumers in having healthier food and beverage options provided in a cinema</p> <p>As per above, working with the Camogie Association of Ireland.</p> <p>Looking at developing a 'life skills' module for 3rd level new entry students incorporating nutrition, physical activity, coping skills, shopping and budgeting skills etc.</p>	
University of Ulster	<p>Centre for Physical Activity and Health Research, Sport & Exercise Sciences Research Institute & Ulster Sports Academy</p> <p>Institute of Nursing Research, University of Ulster</p>	<p>1.PATCH study; School based holistic physical activity intervention in primary 7 children 2.The effects of moderate intensity in Intermediate hyperglycaemia 3.Secondary analysis of NI SAPAS dataset; Analysis looking at physical activity and social disadvantage, domestic physical activity and correlates health and happiness</p> <p>Physical activity during pregnancy</p>	<p>(1) c/o Conor Cunningham and Prof Marie Murphy (2)c/o Maria Faulkner and Prof Marie Murphy (3)c/o Prof Alan Nevill, Prof Marie Murphy, Dr Gavin Breslin</p> <p>c/o Sinead Currie and Prof Marlene Sinclair</p>
Department of Education and Skills (DES)	<p>Lifeskills Education Survey 2012</p> <p>Department of Education and Skills (2012) <i>Get Active! Physical</i></p>	<p>The DES is currently carrying out the second Lifeskills Education Survey in both the primary and post-primary sector. The original Lifeskills Survey was carried out in 2009. The survey provides data on a number of 'lifeskills' related issues including health promotion and healthy eating within schools. At present, there is a response rate of 66% at primary and 52% at post primary. Analysis of the data will commence in the new year.</p> <p>Published by the Professional Development Service for Teachers and funded by the Teacher Education Section, this guide sets out to create the framework for a coordinated approach to physical education, physical activity and sport in school and community settings for children and</p>	<p>http://www.education.ie/en/Press-Events/Events/Lifeskills-Survey-2012/Lifeskills-Survey-2012.html</p> <p>http://www.getirelandactive.ie/get-info/brochures/</p>

	<i>Education, Physical Activity and Sport for Children and Young People: A Guiding Framework.</i>	young people.	
Diabetes Ireland	CODE on-going structured education programme	Adipocyte Size and Type 2 Diabetes in Obesity - A Study of Patients undergoing Bariatric Surgery: The project may ultimately lead identifying how and what fat cells need to do to protect from the harmful effects of obesity. This might lead to new treatments which could improve fat function and so help prevent the development of Type 2 diabetes.	http://www.diabetesresearch.ie
Public Health Agency (PHA)	Review of physical activity referral schemes	Review has been undertaken to inform development of more uniform and equitable approach to commissioning and provision of these services across NI. The recommendations are now being taken forward and include the delivery of all commissioned programmes to national standards and the development of a standardised monitoring tool.	
Dept. of Epi & Public Health, UCC	<p>Cork Children's Lifestyle Study (CCLa)</p> <p>Food Choice at Work Study</p> <p>Digital Photography as a Dietary Intake Assessment Method and FFQ validation/update</p>	<p>A primary school based health and lifestyle study with 9 year old children in Cork. The study aims to recruit 1,000 participants from 3rd and 4th classes. The primary aim of this study is to assess the 'energy gap' between energy intake and energy output. The secondary aim of the study is to assess the prevalence of hypertension and the average salt intake in 9 year old children. For this, participants are having blood pressure measured and are providing urines samples. <u>Current stage:</u> Data collection in progress, 5 schools completed. Fieldwork will resume in September.</p> <p>The 'Food Choice at Work Study' will investigate the impact of environmental engineering alone or in combination with nutrition education on long-term dietary behaviours, nutrition knowledge and general health status of employees for a duration of 6 months in large Cork based workplaces. A non-randomised controlled trial will be carried out in three workplace settings. This study will offer a novel approach to encourage employees to choose their daily food choices within 'healthy' limits as the availability of unhealthy choices will be reduced during the intervention period. <u>Current stage:</u> Recruitment of workplaces</p> <p>The Dept. have received some seed funding from the College of Medicine, UCC to investigate digital photography as a dietary assessment method. The study will test the feasibility of using digital imaging, as a method of dietary intake assessment. This study also provides an opportunity to update and validate the standard FFQ which has been used in the three SLAN surveys.</p>	http://bit.ly/UOkmGt
Sport NI	Sport and Physical Activity Survey (SAPAS)	In 2008, Sport NI commissioned Ipsos MORI to conduct SAPAS. SAPAS provides a complete and very detailed picture of adults' physical activity levels across four life domains including home, work, getting about, and sport and recreation. The research results will inform policies aimed at increasing	http://bit.ly/QzaAwu

	School Survey	<p>the proportion of the population in NI who exercise regularly through sport and physical activity and policies for general health improvement, including the management of overweight and obesity, and understanding smoking behaviour and alcohol consumption.</p> <p>Sport Matters: The NI Strategy for Sport and Physical Recreation 2009 – 2019 (Sport Matters) aspires to provide every child of compulsory school age with a quality physical education. In order to provide a status update on current progress towards these aspirations, Sport Northern Ireland has sent a survey to all primary and post primary schools in NI. Results will be collated during July with a draft report expected by August.</p>	
Irish Cancer Society (ICS)	<p>Physical Activity Programme for cancer survivors</p> <p>European Week against Cancer, Dublin May 2013</p>	<p>This 1 year physical activity programme has been designed for Breast and Bowel cancer survivors to improve their levels of physical fitness and overall quality of life. The programme results for 84 participants have been significant in terms of increased fitness levels, reduced body fat and improved health satisfaction. A new web based application tool is being tested with our third group of breast cancer survivors.</p> <p>A new programme for Prostate cancer survivors has just been advertised. Registration is now open and programme will commence on August 18th August</p> <p>In 2013 The Irish cancer Society will be hosting the European week against cancer activities in Dublin. We are planning a research orientated one-day conference on Cancer prevention healthy lifestyles. Date to be confirmed. We are planning to Launch our Physical Activity App to the general public to coincide with this event.</p>	<p>http://bit.ly/WFuh7l</p> <p>http://bit.ly/WnaWJ</p> <p>http://bit.ly/RYWce1</p>
<p>INDI, St. James's Hospital/Trinity College Dublin</p> <p>INDI, UCD, TCD and the National Children's Research Centre</p> <p>INDI/ UCD</p>	<p>Obesity Research Group</p> <p>Teen Nutrition Study</p> <p>Nutritional status and dietary intakes of pregnant immigrant Nigerian women</p>	<p>INDI members collaborate with clinical and laboratory researchers within St. James's Hospital and Trinity College Dublin in a multidisciplinary obesity research group. An adipose tissue biobank has been established which contains 500 plus subcutaneous and visceral adipose tissue samples collected from surgical patients for use in obesity research.</p> <p>A collaborative project between INDI members, University College Dublin, Trinity College Dublin and the National Children's Research Centre. It aims to investigate the effect of an anti-inflammatory dietary intervention on the metabolic phenotype of overweight and obese 13-18 year old adolescents.</p> <p>Aim of this study was to establish the nutritional status and dietary intakes of pregnant immigrant Nigerian women.</p>	<p>Contact: doyles4@tcd.ie</p> <p>http://bit.ly/U1MHdW</p> <p>http://bit.ly/10pzBM9</p> <p>Contact: Aoibheann.mcmorow@ucdconnect.ie</p> <p>Contact: karenlindsay88@gmail.com</p>

<p>INDI, National Maternity Hospital, Our Lady's Children's Hospital & UCD</p>	<p>Lifestyle habits and dietary intakes of obese and gestational diabetic pregnant women</p> <p>ROLO Kids Study</p>	<p>Two randomised controlled trials are currently underway in the National Maternity Hospital, Dublin.</p> <p>Obesity Research Study. This is a follow-up study to the ROLO study which examined the effect of low glycaemic index diet in pregnancy on infant birth-weight. Research on-going.</p>	<p>Contact: karenlindsay88@gmail.com</p> <p>Contact: mary.horan@ucdconnect.ie</p>
<p>INDI, St James's Hospital and Trinity College Dublin</p>	<p>Risk Factors for Breast Cancer</p>	<p>A number of studies examining the link between obesity and cancer were undertaken in St James Hospital.</p>	<p>Contact: lhealy@stjames.ie</p>
<p>DIT & FSAI</p>	<p>Assessment of commercial infant foods available on the Irish market</p>	<p>This study assessed the inclusion of iron-containing red meat in infant diets before age one year.</p>	<p>Contact: annemarie.bennett@mydit.ie</p>
<p>INDI and School of Nursing DCU</p>		<p>(1)A mixed methods study is investigating the factors that influence the food, activity and lifestyle choices of adolescents and how this impacts on measures of health status - including weight, BMI, waist circumference and fitness.</p> <p>(2)How diet during pregnancy and early infant feeding practices effect the development of food preferences in early life.</p>	<p>Contact: Sarah Browne (INDI) & Dr. Mary Rose Sweeney Contact: Aileen Kennedy (INDI) & Dr. Tracey Harrington</p>
<p>INDI and School of Health & Human Performance, DCU</p>		<p>European funded project with 10 partners looking at Mechanisms of prevention of type 2 diabetes by a diet and exercise intervention in subjects with pre-diabetes or at high risk (high BMI, large waist circumference; family history) for progression.</p>	<p>Contact: Aileen Kennedy (INDI) & Dr. Donal O'Gorman-</p>

<p>INDI and UCD</p> <p>DIT Dietetic Student</p>	<p>ROLO study – Carried out at the National Maternity Hospital, Holles Street, Dublin 2</p> <p>Student Projects 2012</p>	<p>We carried out a randomised control trial of low glycaemic index diet versus no dietary intervention in preventing recurrence of fetal macrosomia (large infant birthweight).</p> <p>Contact clare.corish@dit.ie for more info on various projects</p>	<p>Contact: cmcgowa@gmail.com / Fionnuala.mcauliffe@ucd.ie (principal investigator)</p>
<p>Organisation Name</p>	<p><i>Other</i></p>		
<p>Public Health Agency</p>	<p>Promotion of UK CMO physical activity guidelines</p>	<p>In march 2011 the PHA hosted a multi-sectoral workshop in collaboration with the British Health Foundation to promote the implementation of the new UK CMO physical activity guidelines. This workshop focussed on older people and a further event in the autumn considered the interpretation of the guidelines for early years.</p>	