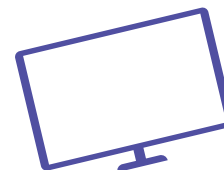




# Daily screen time averages



	Under 2 years	2-5 years	Over 5 years
<b>MAXIMUM RECOMMENDED</b>	0 hours 	1 hour 	2 hours 
<b>ACTUAL - WEEKDAY*</b>	58mins 	1hr 36mins 	1hr 39mins 
<b>ACTUAL - WEEKEND*</b>	1hr 10mins 	2hr 21mins 	2hr 53mins 



\*Ipsos MRBI face-to-face survey of 971 Parents of children aged between 6 months and 12 years on the island of Ireland; November 2017. Does not include time spent using screens at school.