



Daily screen time averages



Under 2 years

2-5 years

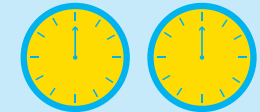
Over 5 years

**MAXIMUM
RECOMMENDED**

0 hours

1 hour

2 hours



**ACTUAL -
WEEKDAY***

52mins

1hr 49mins

1hr 54mins

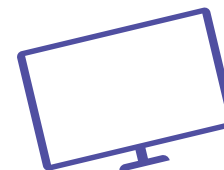


**ACTUAL -
WEEKEND***

1hr 3mins

2hr 13mins

3hr 11mins



*Ipsos MRBI face-to-face survey of 971 Parents of children aged between 6 months and 12 years on the island of Ireland; November 2017. Does not include time spent using screens at school.