



---

**Minutes of the eighteenth meeting of the All-island Obesity Action Forum,  
held on Tuesday 20<sup>th</sup> of June 2017 at the NICVA Centre, Belfast**

---

**Present**

Mr Ray Dolan	<b>safefood</b> (chair)
Dr Cliodhna Foley Nolan	<b>safefood</b>
Dr Marian O'Reilly	<b>safefood</b>
Dr Charmaine McGowan	<b>safefood</b>
Ms Joanne Casey	Food Standards Agency (FSA)
Dr Mary Flynn	Food Standards Authority of Ireland (FSAI)
Ms Jennifer McBratney	British Dietetic Association (BDA NI)
Ms Fidelma Carter	Northern Ireland Chest Heart & Stroke (NICHES)
Ms Caroline Bloomfield	Public Health Agency (PHA)
Ms Gillian Costelloe	Sport Ireland
Mr Dermot Doherty	Food Drink Initiative (FDI)
Dr Grace O'Malley (ASOI)	Association for the Study of Obesity on the island of Ireland
Ms Janis Morrissey	Irish Heart
Mr Ian McClure	Department of Health (NI)
Ms Claire Wright	Department of Health (NI)
Mr Sven Schubert	ASOI Patient Committee
Dr Laura McGowan	Association for the Study of Obesity (ASO UK)
Mr Nazih Eldin	Department of Health (ROI)

**In Attendance**

Ms Anne Parle	<b>safefood</b> , Minute Secretary
---------------	------------------------------------

**Apologies**

Ms Ursula O'Dwyer	Department of Health (ROI)
Mr Kevin O'Hagan	Irish Cancer Society
Ms Sharon Gilmore	Food Standards Agency (FSA)
Ms Louise Reynolds	Irish Nutrition & Dietetic Institute (INDI)

**1. Welcome**

Mr Ray Dolan welcomed members to the eighteenth Forum meeting. Apologies were noted.

**2. Roundtable introductions**

Members introduced themselves.

**3. Minutes of meeting 8<sup>th</sup> November 2016 and any matters arising**

Draft minutes from the previous meeting were approved. There were no matters arising.

**4. Policy Update**

## Department of Health, Northern Ireland

- A Fitter Future for All progress report (2015-2016) was published online. The short-term outcomes are being revised for 2019-2022.
- Food in Schools Policy is being updated and will be published later this year.
- The Department are in talks with Scotland about diet and obesity strategies.
- Funds collected by the sugar tax will not be ring-fenced.
- The Making Life Better public health strategy continues to be aligned with the draft Programme for Government.
- DoH, FSA and the Public Health Agency (PHA) are meeting with the Innovation Lab to identify opportunities to make small (but scalable) behavioural changes to existing programmes.
- The Chief medical Officer, Dr Michael McBride supported the launch of the Minimum Nutritional Standards for Catering in Health and Social Care (developed by the FSA, the PHA and Safefood) on 16 June 2017.

## Department of Health, Republic of Ireland (ROI)

- A sugar tax on soft drinks will be introduced in 2018. It will follow a similar approach to the United Kingdom (UK).
- The Obesity Strategy is now under Healthy Ireland and are following the principles of Healthy Ireland.
- The GP contract for weighing children has been extended from under 5's to under 10 years old.
- A national clinical lead for obesity within the Health Service Executive will be appointed shortly.
- A code of practice for advertising, marketing, product placement and sponsorship will be launched in the coming months.
- A Healthy Ireland fund has been created to fund interdepartmental work.
- The Healthy Weight for Ireland policy plan is being evaluated.
- Two new working groups will be formed in the Department of Health – one for food reformulation and another for urban and rural planning.
- *(Following the forum meeting the Health Service Executive appointed Professor Donal O'Shea as the HSE Clinical Lead on Obesity).*

### **5. Member Updates**

Prior to the meeting members provided a brief written update on any campaigns or initiatives on-going in their organisation and this was circulated to all members. At the meeting they highlighted the following updates:

### **Food Standards Agency (FSA)**

- A sugar reduction event for industry will take place on the 27<sup>th</sup> of June.
- CalorieWise is being rebranded and will launch in October 2017 in partnership with District Councils.
- The tripartite (FSA, PHA and **safefood** project) Nutritional Standards for Catering Facilities in health and social care were launched on the 16<sup>th</sup> of June.
- Recruitment for a procurement dietitian/nutritionist to implement the standards continues.
- The [Food and You Wave 4 survey](#) was published online and includes a chapter on diet and health.

### **Food Safety Authority of Ireland (FSAI)**

- An allergen awareness campaign for businesses is ongoing. Businesses can use MenuCal to determine allergen information
- FSAI have become a member of the Healthy Ireland Network.
- Modelling work for the Department of Health Healthy Eating Guidelines booklet is being updated – it will include information on labelling, food costs, health claims and nutrition claims. This will be published in Autumn 2017.

### **British Dietetic Association (BDA)**

- BDA have a call to action highlighting key points for the NI Executive and Assembly focusing on improving nutrition and health.
- BDA Work Ready programme was introduced in NI last year. Workshops have been delivered to 20 businesses.
- Dietitian's week took place from the 12<sup>th</sup> to the 16<sup>th</sup> of June. A survey revealed fitness experts are scored highly as trusted sources of nutrition information which highlights a need for additional training among this group.

### **Northern Ireland Chest Heart & Stroke (NICHS)**

- NICHS is lobbying to use the funds generated from the sugar tax for public health.
- A campaign promoting physical activity in schools will launch next week. The campaign has a behaviour change focus.
- NICHS are training those who work with the homeless on health promotion.
- Their schools programme will be evaluated beginning in September 2017.
- NICHS will host a conference on the 17<sup>th</sup> of October entitled 'Making a Difference' – the conference will include findings from the Baby Heart Study and research on the Mediterranean diet.

### **Public Health Agency (PHA)**

- Nutrition Standards for School Food will be rolled out in September. One major change is desserts are only allowed once per week.
- The Active School Travel programme continues to promote walking and cycling in schools. It is also encouraging schools to incorporate a 'daily mile'.
- A new childhood weight management programme is under development.

### **safefood**

- A workshop was held with the Public Health Agency and Health Service Executive on the next phase of the Childhood Obesity campaign. The campaign will be family based and will focus on younger children. The all-island campaign will launch in October/November 2017.
- Results from the second Community Food Initiative programme will be published during the summer.
- MediaWise will be available for schools in September 2017 from [www.mediawise.ie](http://www.mediawise.ie).
- **safefood** are partnering with the Consumer Council NI and FSA NI for a campaign on Holiday Hunger. The campaign will run for a week in July.
- The next All-island food poverty workshop will take place on the 27<sup>th</sup> of September 2017. The topic of the workshop is the demystification of the concept that all healthy foods are expensive making a healthy diet unaffordable for some. The workshop will highlight food price trends and impactful measures like nutritional education, improving cooking budgeting, planning and cooking skills.

### **Association for the Study of Obesity (ASO UK)**

- ASO UK are hosting a UK congress on obesity conference in September 2017.
- ASO UK want to recruit Northern Ireland patient representatives.

### **Association for the Study of Obesity on the island of Ireland (ASOI)**

- The European Congress on Obesity 2020 will be in Dublin.
- ASOI aims to standardize obesity education for all 3<sup>rd</sup> level training health professionals.
- ASOI is in the process of establishing a patient council for Ireland.
- ASOI wants to start a conversation with companies about advertising of non-nutritious foods to children.

### **Sport Ireland**

- Sport Ireland's successful cycle series is in its 9<sup>th</sup> year.
- The Great Dublin Bike Ride will take place during European Week of Sport.
- Sport Ireland continues to partner with RTE programme Operation Transformation.

- A Schools Walking Project has been developed to increase physical activity, particularly in disadvantaged areas.
- The Youth Leadership programme continues to train secondary school students to support physical activity in the local community.
- Sport Ireland trains unemployed people to gain employment in the sports sector.

### **Food Drink Ireland**

- Over 500 companies signed up for Workplace Wellbeing Day in March 2017. 70% of which took place in the lunchtime mile.
- FDI are collecting data on food reformulation for a review in 2017.

### **6. Topic for Discussion – Obesity stigma**

- Forum members were encouraged to adhere to language and image guidelines set out by World Obesity for portraying people with obesity.
- **safefood** will host a workshop with the media on language and imagery to reduce obesity stigma in the media. The approach taken to agreeing media guidelines for reporting suicide may be useful for this workshop.
- It was also suggested that European countries develop their own image bank with non-stigmatizing imagery of individuals with obesity.

### **7. Next Forum Workshop**

The next forum workshop will be held on the 14<sup>th</sup> of November in Dublin. Forum members were asked for suggestions of topics for future workshops. It was agreed that the school as a setting was a good topic.

### **8. AOB**

Forum members were reminded and encouraged to submit items for inclusion in the All-island Obesity Newsletter each month.

The meeting concluded at 3.40pm.

## Association for the Study of Obesity on the island of Ireland

<b>Organisation Name</b>	<b><i>Ongoing Campaigns</i></b>		
<b>Association for the Study of Obesity on the island of Ireland</b>	EOD2017	ASOI participated in European Obesity Day 2017 in collaboration with EASO (European Association for the Study of Obesity). The theme of this year's event was Tackling Obesity Together and featured development of an ASOI EOD infographic and twitter campaign.	
	IHF Stop Targeting Kids	ASOI collaborated with IHF at our annual ASOI conference in order to provide a platform for signatures of attendees for the campaign.	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Association for the Study of Obesity on the island of Ireland</b>	Stigma Event	ASOI have teamed up with ASO UK (NI Regional group) and Safefood to highlight the role of stigma in obesity.	
<b>Organisation Name</b>	<b><i>Health Services</i></b>		
<b>Association for the Study of Obesity on</b>	ASOI 2017	ASOI 2017 was held on May 4 <sup>th</sup> and 5 <sup>th</sup> in Dublin whereby day 2 of the meeting was dedicated to the treatment of childhood obesity. Expert National and International health professionals shared their experience and interventions with the audience	

<b>the island of Ireland</b>		who were 70% health practitioners (dietitians; Area Medical Officers; paediatricians; physiotherapists, occupational therapists and nurses)	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Association for the Study of Obesity on the island of Ireland</b>	<p>POCKETS: Preventing Obesity in Childhood-Knowledge Exchange and Translation</p> <p>COSI Ireland</p>	<p>The ASOI is collaborating with <a href="#">Marita Hennessy</a>, SPHeRE PhD Scholar within the <a href="#">Health Behaviour Change Research Group</a> at NUI Galway and colleagues, on a research study which aims to: (1) identify and prioritise policy-relevant knowledge gaps for research in childhood obesity prevention, by leveraging the collective expertise of a wide range of stakeholders including researchers, policymakers, clinicians, educators, and parents; (2) identify barriers and facilitators to knowledge translation in childhood obesity prevention, and opportunities to overcome or maximise them, accordingly. Ten nominal groups were conducted with ASOI 2017 conference delegates on day 1 of this year's annual conference and a consensus meeting held with 14 key stakeholders on day 2 to discuss and agree the final list of research priorities. The findings are currently being analysed and written up for publication. The study is funded by the Irish Research Council through its New Foundations Scheme. Follow <a href="#">updates on the study on ResearchGate</a></p> <p><a href="#">The COSI Ireland 2015 report was launched at Day 1 of ASOI2017 (May 4th) by Minister for Health Promotion Marcella Corcoran-Kennedy in collaboration with Sarah O'Brien, HSE National Lead for the Healthy Eating Active Living Programme</a></p>	

		and Professor Cecily Kelleher, Director of the National Nutrition Surveillance Centre	
<b>Organisation Name</b>	<i>Other</i>		
<b>Association for the Study of Obesity on the island of Ireland</b>	ICO-ECO2020	ASOI successfully led a bid to bring the international Obesity Congress and European Congress on Obesity to Dublin in 2020. This event will bring 2000 attendees to Dublin.	

### Association for the Study of Obesity (UK)

<b>Organisation Name</b>	<i>Ongoing Campaigns</i>		
<b>Association for the Study of Obesity (UK)</b>		ASO is the UK's foremost charitable organisation dedicated to the understanding, prevention and treatment of obesity and is celebrating its 50 <sup>th</sup> Anniversary this year. As part of the anniversary, Fellowships have been created to honour senior members who have made an outstanding contribution to the field of obesity. These will be announced in September 2017 at the annual UKCO conference.	
<b>Organisation Name</b>	<i>Health Services</i>		
<b>Association for the</b>		The ASO has established a network of <b>Centres for Obesity Management (Adult COM's)</b> aimed at strengthening and advancing the evidence base, improving	



<b>Study of Obesity (UK)</b>		<p>practice and influencing policy for the management of obesity in adults within the UK. The ASO UK Adult COMs network include members working within Tier 2, Tier 3 and Tier 4 adult obesity services delivered across a range of NHS and non NHS settings.</p> <p>The first <b>COMs meeting</b> was held in March 2017 attended by 60 members that focussed on delivery models for Tier 3 services in England. Members presented examples of current Tier 3 services being delivered and highlighted issues related to commissioning, service delivery and evaluation. Public Health England also presented an update on the guidance currently being developed (for England). The meeting presented a forum for discussion and networking and was well evaluated.</p>	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Association for the Study of Obesity (UK)</b>		<p><b>Annual UK Congress on Obesity (UKCO) – national conference with Early Career Researcher Network (ECRN) and other satellite workshops.</b></p> <p><b>Past UKCO events 2016 Nottingham, 2015 Glasgow, 2014 Birmingham.</b></p> <p><b>Future events 4<sup>th</sup> UKCO2017</b> will takes place on 7-8<sup>th</sup> September at the University of South Wales. Theme is <b>obesity, health and social inequalities.</b></p> <p><b>2018 UKCO Newcastle, 6-7<sup>th</sup> September.</b></p>	

		<p><b>13<sup>th</sup> June 2017 - SCOPE School London: What are the causes of obesity and what can we do about it.</b></p> <p>The <b>ASO has a network of 10 established regional groups</b> throughout the UK – full details available here <a href="https://www.aso.org.uk/regional-groups/">https://www.aso.org.uk/regional-groups/</a> . Scientific meetings are held periodically and are organised locally with some administrative and financial support from the ASO Office and the Trustee with the role of Regional Groups Officer. Regional groups are created to help establish links between academics, practitioners and policymakers in a locality, to share good practice, research, policy updates and provide local networking opportunities for the development of partnerships and collaborations where appropriate. Groups are currently active in: Northern Ireland; Wales; England: North East/North West/Leeds and Humber/Midlands/London and South East/East of England/South West. The most recent events held by ASO UK NI regional group were in collaboration with ASOI (Island of Ireland) and safefood: 'The role of appetite in obesity' 20<sup>th</sup> November 2016; and 'Stigma in obesity: A public health priority?' 20<sup>th</sup> June 2017.</p> <p><b>An Early career research network</b> has also been set up and will meet in advance of the annual UKCO meeting in September 2017</p>	
<b>Organisation Name</b>	<b><i>Other</i></b>		

<p><b>Association for the Study of Obesity (UK)</b></p>		<p>ASO is currently undertaking an <b>Interim Strategic Review</b> to assess its progress towards the previously identified strategic priorities.</p> <p><b>Consultations and media:</b> ASO Trustees and members provide expert input to policies, guidance e.g. NICE, DH, consultations and media responses. In 2016 ASO was formally involved in consultations on the NICE draft guidance on maintaining a healthy weight and preventing excess weight gain and on the Committee on Advertising (CAP) consultation on food and soft drink advertising to children.</p> <p><b>The Obesity Health Alliance:</b> ASO is one of the 33 organisations that have agreed in principle to work closely together to improve the prevention and management of obesity and influence Government policy on overweight and obesity. Members include medical royal colleges, charities, campaigners and professional associations. The group developed a consensus of 10 policy actions to inform the government Childhood Obesity Strategy <a href="http://obesityhealthalliance.org.uk/">http://obesityhealthalliance.org.uk/</a></p> <p><b>Obesity Empowerment Network</b> – a registered charity currently being led by ASO Trustee Professor Rachel Batterham. The Obesity Empowerment Network UK is a non-profit, user led, advocacy organisation, dedicated to empowering people affected by obesity by giving them a public voice. The mission is to improve access to healthcare and treatment for individuals with obesity, to increase awareness that obesity is a chronic serious medical condition, to advocate for nationwide obesity</p>	
---	--	--	--

		<p>prevention and treatment strategies and fight to eliminate weight-bias and discrimination. <a href="http://oen.org.uk/">http://oen.org.uk/</a></p> <p><b>Social media:</b> ASO is now regularly engages via social media and is active on both Twitter and LinkedIn.</p>	
--	--	---	--

### British Dietetic Association – Northern Ireland

<b>Organisation Name</b>	<b><i>Ongoing Campaigns</i></b>		
<b>BDA NI Board</b>		<p>BDANI board continues to delivery on its agreed work plan. This year the board have developed a call to action which recognises 4 key actions which dietitians ask the NI Executive and assembly to focus on which highlights the impact from dietetic services for individuals and communities.</p> <p><a href="https://www.bda.uk.com/professional/influencing/northern_ireland_call_action">https://www.bda.uk.com/professional/influencing/northern_ireland_call_action</a></p>	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>BDA</b>		<p>BDA Work Ready campaign <a href="http://www.bdaworkready.com">www.bdaworkready.com</a> continues to gain momentum in NI. The Eat Well workshop has proved popular with companies and so far, we have delivered this to around 20 businesses. A case study with Business in the Community is available to demonstrate the benefits of the programme.</p>	

		The 12-16 <sup>th</sup> June is Dietitians week and the focus this year is Evidence and Expertise: raising the awareness of the unique skills of dietitians. Events are happening across the UK and in NI A survey has been carried out with the public and has highlighted that 60% of people trust nutrition advice from underqualified professionals <a href="https://www.bda.uk.com/news/view?id=173&amp;x[0]=news/list">https://www.bda.uk.com/news/view?id=173&amp;x[0]=news/list</a>	
<b>Organisation Name</b>	<b><i>Food Poverty</i></b>		
<b>BDA NI</b>		Claire Holmes Chair of BDANI continues to represent BDANI on the NI food poverty group.	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>British Dietetic Association</b>		After a successful BDA research symposium in November 2016, Dietitians in Northern Ireland won 4 out of 7 categories for their research. This symposium will run again in 2017. <a href="https://www.bda.uk.com/events/research_symposium/dietitians_doing_research_winners_perspective">https://www.bda.uk.com/events/research_symposium/dietitians_doing_research_winners_perspective</a>	
<b>Organisation Name</b>	<b><i>Other</i></b>		
		The BDA organised a course to encourage dietitians to register as freelance dietitians. Dietitians are the only nutrition professionals to be regulated by law, and are governed by an ethical code to ensure that they always work to the highest standard. We would encourage all partners to access this website if undertaking any nutrition work <a href="http://www.freelancedietitians.org/">http://www.freelancedietitians.org/</a>	

## Department of Health (Northern Ireland)

Organisation Name	<i>Ongoing Campaigns</i>		
<b>Department of Health (DoH)</b>	<p>A Fitter Future for All</p> <p>Making Life Better</p>	<p>The progress report for June 2015- June 2016, which was the first year of implementing the revised 2015-2019 outcomes, was published online in March 2017. The June 2016- June 2017 progress report is now being drafted and colleagues have been asked for input.</p> <p>Work is continuing to align Making Life Better and the draft Programme for Government. The last All Departmental Officials Group (ADOG) meeting took place in Feb 2017.</p>	<p><a href="https://www.health-ni.gov.uk/sites/default/files/publications/health/affa-progress-report.pdf">https://www.health-ni.gov.uk/sites/default/files/publications/health/affa-progress-report.pdf</a></p>
Organisation Name	<i>Health Services</i>		
<b>Department of Health (DoH)</b>	<p>Minimum Nutrition Standards for Catering in Health And Social Care</p>	<p>The Chief Medical Officer (CMO) supports the launch (16/06/17) of the Minimum Nutritional Standards for Catering in Health and Social Care. This is a collaborative document by the Food Standards Agency (NI), Public Health Agency (PHA) and Safefood which supports those working within Health Service catering businesses who want to offer consumers a choice of affordable, healthy and sustainable food.</p>	

Organisation Name	<i>Other</i>		
<b>Department of Health (DoH)</b>	UK CMO - physical activity infographics  Soft drinks industry levy (sugar tax)  Innovation lab	<p>We are awaiting approval from the UK CMO Group of the agreed Physical Activity and Pregnancy infographic for pregnant women. Previously the PHA has agreed to print and circulate A3 colour posters for distribution to health care settings for the suite of Physical activity infographics for the general population.</p> <p>A submission was issued recommending that the UK Consultation on a Soft Drinks Industry Levy (report completed in Dec 2016) could negate the necessity for DoH to undertake a NI-specific study as required by the Health (Miscellaneous Provisions) Act (agreed by the Executive in March 2016). This was agreed by the then Health Minister. It remains up to the next Executive to decide how revenue from the Levy should be distributed.</p> <p>DoH, PHA and FSA met with the Innovation Lab in May to hear more about behavioural techniques and methodology, particularly with regards to childhood obesity. Ways forward are currently being identified.</p>	

**Diabetes Federation of Ireland**

Organisation Name	<i>Ongoing Campaigns</i>
-------------------	--------------------------

<b>Diabetes Federation of Ireland</b>		We have an ongoing Prevention campaign for Prediabetes & Type 2 diabetes (sponsored by MSD) along with independent pharmacy screenings (22 screenings since February). Supported by social media and regional radio campaign. We screen approx. 60 per day. <a href="https://www.diabetes.ie/are-you-at-risk/">https://www.diabetes.ie/are-you-at-risk/</a>	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Diabetes Federation of Ireland</b>		<p>We have conducted multiple Workplace Wellness screenings and talks throughout Ireland – Intel (3 days), Ardmac, Midleton Distillery (2 days), Tadeka, Geodis, Avery Dennison, Pernod Ricard, Guinness and many more. We had an excellent detection and referral rate to GP’s for suspected Prediabetes and Type 2. We have many more screenings in workplaces coming up this year.</p> <p>We have an ongoing Men’s Shed initiative after a very successful pilot phase.</p> <p>Our Dietitians and Nurses have ongoing ad-hoc education days in nursing homes and with people who are caring for people with intellectual disabilities.</p>	
<b>Organisation Name</b>	<b><i>Health Services</i></b>		
<b>Diabetes Federation of Ireland</b>		Our education courses (CODE) for Prediabetes and Type 2 diabetes are now finished for the Summer (26 completed) starting again in September and they take place nationwide. GP surgeries feed their patients into these courses. We are supplying all GP surgeries throughout Ireland with an excellent booklet on Type 2 diabetes and	



		making them aware of our new Diabetes SMART online programme. There are been a great response to the booklet and SMART. <a href="https://www.diabeteseducation.ie/">https://www.diabeteseducation.ie/</a>	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Diabetes Federation of Ireland</b>		<p>We have created a new area on our website and are inviting all pharmaceuticals and educational establishments to submit details on their diabetes research. <a href="https://www.diabetes.ie/research/what-is-research/dira/all-research-studies-in-ireland/">https://www.diabetes.ie/research/what-is-research/dira/all-research-studies-in-ireland/</a></p> <p>We are helping Research Project Managers to recruit participants for their trials by featuring them on our social media platforms. We have featured 5 to date but are actively seeking more to keep our community informed.</p>	

### **Food Drink Ireland**

<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Food Drink Ireland</b>		<p><b>National Workplace Wellbeing Day 31<sup>st</sup> March 2017</b></p> <p><b>Over 500</b> Employers, all across Ireland signed up to Ireland's third National Workplace Wellbeing Day on Friday, 31<sup>st</sup> March 2017. Companies of all sizes from across the public and private sectors participated in the annual event which aims to improve employee wellbeing through promoting better exercise and nutrition in the</p>	

		<p>workplace. New research<sup>1</sup> shows that only a quarter of workers in Ireland (26%) take the recommended level of exercise for a healthy lifestyle each week.</p> <p>The nationwide campaign, an initiative of Food Drink Ireland (FDI), is supported by Ibec. Workplace Wellbeing Day 2017 was launched by Minister of State for Health Promotion, Marcella Corcoran Kennedy, Ibec CEO, Danny McCoy and President, Anne Heraty, CEO, CPL Limited. The wide range of activities organised by employers to mark the day included healthy breakfasts, health checks and talks, exercise and fitness classes, cookery demonstrations and the "Lunchtime Mile" - a one mile cycle, jog, run, walk or swim for employees in the vicinity of their workplace.</p> <p>The winners of the FDI National Workplace Wellbeing Awards were announced at the awards ceremony on March 31<sup>st</sup> in the Clayton Hotel, Ballsbridge. The awards recognise Irish organisations that support and promote best practice in workplace wellbeing. Irish Life Assurance was named Ireland's best large employer, while Helsinn Birex Pharmaceuticals took the honours in the medium size category. The award for best small company went to MCI (formerly Ovation Group), a Dublin destination management company. The awards, which are sponsored by Mercer, are part of the National Workplace Wellbeing Day programme, an initiative of Food Drink Ireland that is supported by Ibec.</p>	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		

<b>Food Drink Ireland</b>		<p>Food Drink Ireland Members have begun submitting data for phase two of the FDI reformulation report.</p> <p>January 2016 saw the launch of phase one the <i>FDI reformulation report</i>. The report was compiled by analysts Creme Global and used data on 600 products from 14 of Ireland’s major food and drink companies and was supported by the Food Safety Authority of Ireland (FSAI). It showed that during the seven years (2005 – 2012) covered by the research:</p> <ul style="list-style-type: none"> <li>• Salt content of the products analysed reduced by 37%</li> <li>• Sugar content fell by 14%</li> <li>• The amount of energy as measured in calories sold over the seven years to 2012 reduced by 12%.</li> <li>• Both total fat and saturated fat intake reduced by approximately 10%</li> </ul> <p>Phase 2 of the FDI Reformulation report will also showcase the impact of reduced package sizes and product fortification.</p> <p>The results of phase 2 of the FDI Reformulation project will be launched in Q1 2017.</p>	
-------------------------------	--	---	--

**Food Safety Authority of Ireland**

<b>Organisation Name</b>	<b><i>Ongoing Campaigns</i></b>
------------------------------	---------------------------------

<b>Food Safety Authority of Ireland (FSAI)</b>		Awareness campaign highlighting to Food Service Businesses their responsibility under food law in Ireland to provide written material that their customers can access without asking staff for information on the 14 categories of food allergens that are present in the foods and beverages they sell.	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Food Safety Authority of Ireland (FSAI)</b>		Member of HI Network – Healthy Workplaces Framework	
<b>Organisation Name</b>	<b><i>Food Poverty</i></b>		
<b>Food Safety Authority of Ireland (FSAI)</b>		Healthy eating guidelines booklet update - section on eating on a budget being updated	
<b>Organisation Name</b>	<b><i>Health Services</i></b>		
<b>Food Safety Authority of Ireland (FSAI)</b>		Draft voluntary protocol establishing a list of the 5µg Vitamin D supplements that are most suitable for infants in Ireland (according to national supplementation policy)	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		

<b>Food Safety Authority of Ireland (FSAI)</b>		<ol style="list-style-type: none"> <li>1. Update of Healthy Eating and Active Living for adults, teenagers and children 5 years and older for Health Professionals and Catering Services</li> <li>2. Reformulation: focus on cereals and dairy products in Ireland</li> <li>3. Safety of vitamins and minerals in Food Supplements (establishing upper intake levels and a risk assessments approach)</li> </ol>	
--	--	--	--

### Food Standards Agency Northern Ireland

<b>Organisation Name</b>	<b><i>Ongoing Campaigns</i></b>		
<b>Food Standards Agency NI</b>		<p><b>Food product improvement programme is continuing to progress with presentation and acceptance of our proposals and objectives at FSA Board in March 17. The accepted objectives are that FSA will</b></p> <ul style="list-style-type: none"> <li>• align and collaborate with PHE on food product improvement and the joint ambition to remove 20% of sugar from foods typically consumed by children in NI by 2020</li> <li>• lead on food product improvement in NI with small and medium sized enterprises (SMEs) who manufacture, sell or serve foods that contribute to nutrients of public health concern in the NI diet, with the ambition to develop best practice guidance which can be shared across the UK and RoI</li> <li>• set the direction for food product improvement in NI at departmental level under the proposed Programme for Government and lead and influence key stakeholders to deliver on the outcomes</li> </ul>	

		<ul style="list-style-type: none"> <li>• empower, educate and inform consumers to make healthier choices the easier choices through a planned programme of intervention</li> <li>• measure success through robust nutrition surveillance and consumer insight research.</li> </ul> <p>The FSA has continued to engage with industry through a number of focussed meetings and one to one visits. A second industry focussed event is planned for 27<sup>th</sup> June which will include attendance by Invest NI and knowledge providers to showcase the support available to businesses with limited in-house technical expertise. A number of key speakers will be presenting including representation from British Retail Consortium and Macphie bakery ingredient supplier.</p> <p>In addition the FSA welcomed publication of PHE sugar reduction guidance for industry and will be updating industry at the event on 27<sup>th</sup> June of this information</p>
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>	
<b>Food Standards Agency in NI</b>		<p>Currently the MenuCal tool has over 450 active users.</p> <p>The FSA is developing a Caloriewise Scheme for caterers which will include a logo. Caterers who are providing Calories on Menus can post the logo in their premises for their customers to recognise. The aim is to improve engagement of information with consumers and to encourage caterers to be part of the scheme. The 11 district councils have undertaken to implement the Caloriewise scheme with their out of home outlets and in next number of months the criteria and implementation will be developed and piloted in partnership for launch in early autumn.</p>

<b>Organisation Name</b>	<b><i>Food Poverty</i></b>	
<b>Food Standards Agency in NI</b>		The FSA in partnership with safefood through their role as co-chair of all-island poverty sub group are leading on sign off of both NI and RoI action plan for 17/18. Very pleasing to see the number of organisations represented at the all island meeting has increased with very worthwhile policy priorities being taken forward. At the April all island meeting it was agreed to facilitate an all island workshop in September in Dublin. In addition to seeking out opportunities to promote the findings of study on cost of a healthy food basket for a number of household types. The FSA is working in partnership with the District Councils to undertake a mapping exercise to identify actions to be developed for District Councils.
<b>Organisation Name</b>	<b><i>Health Services</i></b>	
<b>Food Standards Agency in NI</b>		The FSA have been working in partnership with safefood and the Public Health Agency to jointly produce minimum Nutritional Standards for Staff and Visitors in HSC. The standards will cover food and drink served in all catering and retail outlets across trust sites including vending. Recruitment for a procurement dietitian / nutritionist to implement the standards is underway and a steering group has been established to monitor implementation. The three agencies will launch the standards on 16 <sup>th</sup> June at 10 am in the conference room in the FSA. The Chief Medical Officer, Dr. Michael McBride has endorsed the standards and will open the event.
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>	

<b>Food Standards Agency in NI</b>		<p><a href="http://www.food.gov.uk/food-and-you">www.food.gov.uk/food-and-you</a></p> <p>In April the FSA has published the individual Northern Ireland findings for Wave 4 of the Food and You survey. The Food and You survey is published as an official statistic and is used to collect information about the public's self-reported behaviours, attitudes and knowledge relating to food issues. It provides data on people's reported food purchasing, storage, preparation, consumption and factors that may affect these. The Food and You survey is published once every two years and consisted of over 500 interviews across NI.</p>
------------------------------------	--	--

### Irish Cancer Society

<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Irish Cancer Society</b>	Fit For Work and Life	<p>The Fit for Work &amp; Life programme is a community health promotion and well-being programme working with members of the community to encourage and support healthy choices, facilitating participants to be fit for both their work and personal life. The programme aims to build the capacity of the community to address the issue of health and cancer prevention with participants in an employment programme.</p>	<p><a href="https://www.cancer.ie/reduce-your-risk/community/fit-for-work-life#sthash.PeYSO0AM.dpbs">https://www.cancer.ie/reduce-your-risk/community/fit-for-work-life#sthash.PeYSO0AM.dpbs</a></p>



		<p>Expansion of pilot programme in 2016: new local delivery partners in Monaghan (Monaghan Integrated Development) and Limerick (Paul Partnership).</p> <p>March-Aug 2016: Delivery of training of trainers programme accredited at QQI level 6 to 24 community development workers and unemployed participants. Community Trainers delivered nine, 8 week FFWL Participant programmes to 102 participants between September and December 2016 in North Dublin, Monaghan and Limerick.</p> <p>An Evaluation Methodology and survey tools were developed to measure the impact on participants and community providers.</p>	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Irish Cancer Society</b>		<p>Funded Research:</p> <p>This study comprises seven work packages (WP), its purpose is to design and evaluate a MedEx Move On (MMO) intervention to increase exercise adherence, improve health behaviour and enhance psychological wellbeing (PWB) in cancer survivors. Research Institution: Dublin City University</p> <p>In February 2017 The Irish Cancer Society, Diabetes Ireland, The Alzheimer Society of Ireland and the Irish Heart Foundation, launched a research initiative aimed at identifying real measures to reduce the risk of these diseases. The successful application,</p>	<p><a href="https://www.cancer.ie/research/our-research/funded-projects/examine-effect-medex-move-intervention-cancer-survivor#sthash.nO8hV3fb.dpuf">https://www.cancer.ie/research/our-research/funded-projects/examine-effect-medex-move-intervention-cancer-survivor#sthash.nO8hV3fb.dpuf</a></p> <p><a href="https://www.cancer.ie/about-us/news/charities-launch-research-project-aimed-improving-health-">https://www.cancer.ie/about-us/news/charities-launch-research-project-aimed-improving-health-</a></p>

		<p><b>'Peer-to-peer motivational interview intervention for smoking, alcohol and physical activity among at-risk adolescents in low SES communities: A feasibility trial'</b> was submitted by Associate Professor David Heavey, TCD. Project Summary: Examination of the effects of training adolescents (13-18) in motivational interviewing for smoking cessation, alcohol consumption and exercise promotion among adolescents in low SES communities. In this feasibility trial, 18 peer educators will be trained in motivational interviewing and will deliver the intervention to youth organisations three low SES communities.</p>	<p><a href="#">behaviours-among-young-people#sthash.CEIR2tdM.dpbs</a></p>
--	--	--	---

### Irish Heart

<b>Organisation Name</b>	<b>Ongoing Campaigns</b>		
<b>Irish Heart</b>	<b>Workplace</b>	<p><b>Healthy Eating and Active@Work Awards</b></p> <p>A series of Active@Work and Walking Leader Training Days have been held in Q1 &amp; Q2 for workplaces in general and specifically for HSE staff.</p> <p>There is good ongoing interest in the Healthy Eating and Active@Work Awards as well as employee heart health checks.</p>	

	<p><b>Schools</b></p>	<p><b>Physical Activity –</b></p> <p>Launched Let’s get Active award for primary schools which is a 4 week challenge for children with the aim of supporting children, parents and teachers to help children to reach their 60 minutes of physical activity day. Over 5,000 students have taken part in the programme in 6 weeks with each child receiving an activity workshop, sticker pack and certificate.</p> <p>Ongoing promotion of several teacher resources for both Primary and post-primary school, mainly Action for Life and Bizzy Breaks at primary level.</p> <p><b>Healthy Eating –</b></p> <p>Forty five post-primary schools are registered for the new ‘Happy Heart @ School Catering Award’, adapted from Irish Heart’s longstanding workplace Healthy Eating Award. The programme aims to support achievement of a healthy catering standard and to help ensure healthy choices are provided and promoted to students.</p> <p><b>CPR 4 Schools for Post Primary Schools</b></p> <p>Over 10,600 people received CPR training in secondary schools thanks to the CPR 4 Schools Programme. Over 560 teachers were trained in the programme in 2016/2017 with each school receiving CPR training kit worth over €600 and an online CPR programme to train their students.</p>	
--	-----------------------	--	--

	<b>Pre School</b>	<p><b>Physical Activity –</b></p> <p>Successfully rolled out a fundamental movement skills physical activity programme with Early Childhood Ireland to preschool services.</p>	
	<b>Community</b>	<p><b>Mobile Health Unit</b> recently celebrated its first year on the road. It is staffed by trained Irish Heart nurses who perform free blood pressure checks for the public. We have seen approx. 11,000 members of the public with 30% referred to the GP for high blood pressure.</p> <p><b>Community Heart Projects</b> – three community food projects being developed in disadvantaged communities. The first networking day when all three projects came together was held in March. Local launches taking place in each Project (Monaghan, Wexford and Dublin) mid-June to end July. National PR planned for the end of the summer.</p> <p><b>Farmers Have Hearts</b> – working with Carlow IT on research project "Assessing the effectiveness of a gendered approach to a behaviour change programme designed to improve the health status of Irish livestock farmers." Field work to commence end 2017.</p> <p><b>Walking – Slí na Sláinte</b> – working with Athlone IT on evaluation of community routes.</p>	
	<b>Heart Month</b> - September	<p>The theme this year of this annual health promotion awareness campaign will be Stroke Prevention. Stroke is the biggest cause of acquired disability and the third biggest cause of death in this country. The good news is that by making small</p>	

		changes to lifestyle and by taking any prescribed medications, individuals can reduce the risk of stroke.	
	<b>Obesity/ Advocacy</b>	Stop Targeting Kids campaign continues aiming for 30k petition signatures. Campaign details are here: <a href="https://irishheart.ie/campaigns/stop-targeting-kids">https://irishheart.ie/campaigns/stop-targeting-kids</a> Following initial digital/social media launch, we are now taking the campaign on the road, seeking signatures at Irish Heart activities nationwide and events such as Women's World Show and Ploughing Championships.	

### Irish Nutrition & Dietetic Institute (INDI)

Organisation Name	<i>Ongoing Campaigns</i>		
<b>Irish Nutrition &amp; Dietetic Institute (INDI)</b>		<p>INDI successfully reported a nutritional therapist, Patricia Daly, to the Advertising Authority of Ireland regarding her promotion of the Ketogenic Diet for Cancer. The Irish Cancer Society, the HRB and a number of oncologists supported us in making this complaint. The ASAI ruled in our favour in May 2017 and the full ruling can be viewed on the ASAI website.</p> <p>The INDI is partnering with the Irish Cancer Society in their Decoding Cancer series of public talks with a 'Diet and Cancer' event coming up on June 29<sup>th</sup> in the Dental Hospital in Dublin.</p>	<p><a href="http://www.asai.ie/complaint-advertiser/patricia-daly/">http://www.asai.ie/complaint-advertiser/patricia-daly/</a></p>

		INDI initiated a meeting of a number of charities concerned about the misinformation around Nutrition and Diet in the media, and are working on a joint initiative. The charities include Diabetes Ireland, Irish Cancer Society, Irish Heart Foundation, Alzheimer's Society of Ireland and Coeliac Society.	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Irish Nutrition &amp; Dietetic Institute (INDI)</b>		A number of our individual members are involved in workplace wellbeing initiatives throughout the country.	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Irish Nutrition &amp; Dietetic Institute (INDI)</b>		The Scientific Research Group of the INDI has been reformed this year and the new committee are focussing on collating and sharing the wide range of research being carried out by INDI dietitians all over the country.	

### **Northern Ireland Chest Heart & Stroke**

<b>Organisation Name</b>	<b><i>Ongoing Campaigns</i></b>
--------------------------	---------------------------------

<b>Northern Ireland Chest Heart &amp; Stroke</b>	1. Supporting PHA Campaign  2. Activity Works  3. Physical activity campaign targeting young people	<p>NICHS sits on the Regional Obesity Steering Group and Implementation Group and supports the cascade of PHA led public campaigns</p> <p>Working with Business in the Community over 3 years to support and increase physical activity in the work place with positive results / changes made as part of year one evaluation</p> <p>NI has a focus on Well Schools with a Commit to Fit challenge running from April to June and a new social marketing physical activity campaign running over the summer months targeting young people, families and communities</p> <p>NICHS is campaigning for the use of sugar tax levy to fund high quality PE and PA for young people with 82% of local population supporting this call for action and seminar on this topic is taken place in June jointly organised with Ulster University</p> <p>Promoting healthy lifestyles and reducing risk messages cascaded online and offline on a regular basis</p>	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Northern Ireland Chest Heart &amp; Stroke</b>	Well NI Programme	<p>NICHS has a new Well NI theme that is aiming to achieve a wellness culture for the people of NI with healthy living becoming the norm – shift from sickness to wellbeing. Our outcome is to support people to enjoy healthy and active lives and enhance quality of live</p>	

		<p>We are therefore aiming to deliver Well at Work, Well Communities and Well Schools programmes involving well checks, well talks and well programmes that support people to enjoy healthy and active lives. The Outcomes Based Accountability Model has been used to come with an NICHS Outcome and Impact Framework for our prevention and care programmes.</p> <p>NICHS has contributed to the development and set up of a new Prevention Hub known as Connected Care Services for Belfast</p>	
<b>Organisation Name</b>	<b><i>Food Poverty</i></b>		
<b>Northern Ireland Chest Heart &amp; Stroke</b>	Food Poverty Network	<p>NICHS is a member of the Food Poverty Network.</p> <p>Our Health and Homeless continues to deliver Cook it and Choosing Healthy Stuff interventions for people who are homeless mainly targeting Families and Young People. An external evaluation of this programme has so far provided positive changes and feedback.</p> <p>NICHS has produced new resources including 'What's in the Shelf' low cost healthy eating tips and solutions</p>	
<b>Organisation Name</b>	<b><i>Health Services</i></b>		



<b>Northern Ireland Chest Heart &amp; Stroke</b>		NICHHS sits on the Regional Obesity Steering Group and Implementation Group and supports the cascade of PHA led public campaigns and delivery of Obesity Action Plans & Priorities	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Northern Ireland Chest Heart &amp; Stroke</b>		<p>The Outcomes Based Accountability Model has been used to come with an NICHHS Outcome and Impact Framework for our prevention and care programmes.</p> <p>NICHHS is funding a new PhD in Physical Activity for Young People to inform the development of local based appropriate and evidence based interventions</p> <p>Finding from the Baby Heart Study has shown that there is a link between lifestyle and environmental factors and congenital heart disease onset – preliminary findings show low consumption of fruit and veg and high consumption of fizzy drinks during pregnancy. Prof Helen Dolk will present full research findings at NICHHS’s Making a Difference Conference on 17<sup>th</sup> October at Riddell Hall, QUB. NICHHS will work with QUB communications to communicate research findings and messages in a non-judgemental and sensitive way.</p> <p>Prof Jayne Woodside will also present on the findings of Mediterranean Diet Research at this conference.</p>	

## Public Health Agency

<b>Organisation Name</b>	<b>Ongoing Campaigns</b>		
<b>Public Health Agency (PHA)</b>	Choose to Live Better	Awaiting approval from DoH	
<b>Organisation Name</b>	<b>Schools, Workplace, Community initiatives</b>		
<b>Public Health Agency (PHA)</b>	Food in Schools	Ongoing partnership with DE ,EA and BHSCT to support schools with healthy eating at meals and breaks. Nutritional Standards for School Meals have been revised and will be rolled out from September.	
	Active School Travel Programme	Partnership with DfI, and delivered by Sustrans. 251 schools have been involved over past 4 years, encouraging more children to walk and cycle to school.	
	Leading the Way with Active Travel	Workplace Active Travel programme running in Belfast and Western area. Supporting staff in PHA, HSCB, Belfast City Council, Derry and Strabane District Council, BHSCT, WHSCT and RQIA to walk and cycle to work and meetings.	
	Community Active Travel programme	Pilot programme targeting 12 disadvantaged communities in Belfast	
	Choose to Lose	Community weight management programme, based on NHS Choices 12 week programme. Piloted in NHSCT last year, being rolled out across all Trusts.	

	Cook It	Healthy cooking on a budget. Revised version on Cook it launched, including BME module	
	I Can cook it	Cook it for people with learning disabilities.	
	Food values/Good Food Toolkit	Various nutrition programmes, delivered by local Trusts.	
	Nutrition Matters for the Early Years	Training provided to day care facilities and childminders to improve healthy eating in very young children.	
	Walking for Health	Walking programme delivered in the community	
	Couch to 5k	Jogging programme, targeting sedentary people	
	Childhood Obesity (under development)	New obesity prevention and weight management programme aimed at early years. Currently under development.	
<b>Organisation Name</b>	<b><i>Food Poverty</i></b>		
<b>Public Health Agency (PHA)</b>	Fare Share	Food redistribution programme.	
<b>Organisation Name</b>	<b><i>Health Services</i></b>		

<b>Public Health Agency (PHA)</b>	Weigh to a Healthy Pregnancy	Weight management programme for pregnant women with BMI over 40.	
	Physical Activity Referral Programmes	Physical activity programme for people referred by GP or other health professional. Standardised programme being developed.	
	Minimum Nutritional Standards in HSC	In partnership with Safefood and Food Standards Agency – new standards for all food and beverages served to staff and visitors in HSC settings.	

### **safefood**

<b>Organisation Name</b>	<b>Ongoing Campaigns</b>		
<b>safefood</b>	Childhood Obesity	Evaluation of the Childhood Obesity campaign 2014-16 is due for publication later this year. The next phase of the campaign is being drafted with HSE and PHA. It is set to go live in October/November 2017.	
	Folic acid	The next phase of the campaign is scheduled to go live in August. The target audience will be women who are not planning a pregnancy.	
	Energy drinks	Safefood launched a campaign highlighting the sugar and caffeine content of energy drinks. This follows a 2016 report. The campaign was delivered	<a href="http://www.safefood.eu/Healthy-Eating/Food,-Diet-and-Health/Eating-">http://www.safefood.eu/Healthy-Eating/Food,-Diet-and-Health/Eating-</a>

		through social and digital channels and was targeted at 15-24 year olds. The campaign was promoted at Balmoral Show (NI) and Healthfest (ROI).	<a href="#">In/Drinks/Facts-about-energy-drinks.aspx</a>
<b>Organisation Name</b>	<b>Schools, Workplace, Community initiatives</b>		
<b>safefood</b>	MediaWise	<b>safefood</b> launched 'MediaWise' on the 7 <sup>th</sup> of June 2017. MediaWise is a free media literacy education resource for primary school children of all ages. It has been developed by experts with teachers and children to help children make sense of the media world around them and the different messages they are exposed to.	<a href="http://mediawise.ie/">http://mediawise.ie/</a>
	Healthy Eating Guidelines/ Food Pyramid	The new guidelines were published on the 6 <sup>th</sup> of December. The revised HEG/FP toolkit is available from an open access vault. The <b>safefood</b> portion size infographics have been updated to reflect the new food pyramid. These will be uploaded to the safefood website and eatright.eu	<a href="http://www.zinc.ie/Food_Pyramid/">http://www.zinc.ie/Food_Pyramid/</a>
	Nutritional standards for Schools	In NI the updated nutritional standards are out for consultation. <b>safefood</b> participated in the multi-disciplinary team who drafted the revised standards.	

<p><b>Food Standards Agency, Public Health Agency and safefood</b></p>	<p>Minimum Nutritional Standards for Healthcare Facilities</p> <p>Community Food Initiative Programmes</p>	<p>In ROI, <b>safefood</b> is providing assistance to the Department of Health in proposing draft nutritional standards for school meal schemes funded by the Department of Social Protection.</p> <p>FSA in NI, PHA and <b>safefood</b> have together developed Minimum Nutritional Standards Healthcare Facilities at Health Service catering facilities. The standards will be launched in Belfast, on the 16th of June 2017 and are supported by the Department of Health in Northern Ireland, The British Dietetic Association and the Hospital Catering Association.</p> <p>The working group has initiated the recruitment process for a registered dietitian/nutritionist to lead the implementation of these standards.</p> <p>A report entitled 'Evaluation of the Community Food Initiative Programme 2013-15' will be published next month.</p> <p>Year One of the Community Food Initiative Programme 2016-2018 has completed and SECAD have presented a report to safefood. A networking event for the CFI Leader groups took place on the 14th February in the Fettercairn Center in Tallaght.</p>	<p><a href="http://www.safefood.eu/Professional/Nutrition/Food-Poverty/Demonstration-Programme-of-Community-Food-Initiati.aspx">http://www.safefood.eu/Professional/Nutrition/Food-Poverty/Demonstration-Programme-of-Community-Food-Initiati.aspx</a></p>
<p><b>Organisation Name</b></p>	<p><b>Food Poverty</b></p>		

<b>safefood</b>	All-island Food Poverty Network	The network have meet in February and April 2017 to discuss updates and progress on work plans. An All-island Food Poverty Network event will be held on the 27 <sup>th</sup> of September in Dublin. A bi-annual All-island Food Poverty e-bulletin will be launched at the workshop on the 27th of September. The editorial team for the newsletter consists of safefood, the Consumer Council, Food Standards Agency NI and the Department of Health NI.	
<b>Organisation Name</b>	<b>Research and Evidence Based Activities</b>		
<b>safefood</b>	Cooking and food skills	In February <b>safefood</b> launched a report on the nation's food and cooking skills.	<a href="http://www.safefood.eu/Publications/Research-reports/Cooking-and-food-skills--the-current-picture.aspx">http://www.safefood.eu/Publications/Research-reports/Cooking-and-food-skills--the-current-picture.aspx</a>

### **Sport Ireland**

<b>Organisation Name</b>	<b>Ongoing Campaigns</b>		
<b>Sport Ireland</b>		Sport Ireland are the lead agency with responsibility for 7 actions within Healthy Ireland's National Physical Activity Plan for Ireland. Sport Ireland's network of Local Sports Partnerships and National Governing Bodies of Sport are also listed as partner organisations in over 20 separate actions, all of which aim to increase physical activity levels across the Irish population. Within Healthy Ireland's 'A-Healthy-Weight-for-Ireland-Obesity-Policy-and-Action-Plan-2016-2025', The National	

		<p>Physical Activity Plan for Ireland is acknowledged as having a key role in the prevention of overweight and obesity across Irish Society.</p> <p>The Sport Ireland Cycle Series, 5 mass participation cycling events organised through Sport Irelands Local Sports Partnerships, is currently underway across Ireland. All events incorporate Cycling Irelands 'Bike for Life', introduction to cycling programme and a range of 'Sofa 2 Saddle' type activation programmes. The events combine family fun and child friendly routes and activities alongside a choice of routes to suit beginner, intermediate and advanced cyclists.</p> <p>The 2017 European Week of Sport takes place from 23<sup>rd</sup>-30<sup>th</sup> September with hundreds of events and activities planned across Ireland. Sport Ireland has engaged with local, regional and national partner organisation to ensure that the week is promoted nationwide and that a wide variety of events are available for people to participate in.</p> <p>The Great Dublin Bike Ride is the flagship event for the European Week of Sport and take place on the 24<sup>th</sup> September through the streets of Dublin and surrounding countryside. Up to 7,000 riders will take part in the event, many of whom will have targeted this event to graduate from introductory courses.</p> <p>Sport Ireland will be partnering with Operation Transformation throughout their summer spin off series, Celebrity Operation Transformation, in the coming months. 5 well know Irish celebrities will be provided with the opportunity to reactivate their</p>	
--	--	---	--



		interest in Sport and Physical Activity by trying out a range of different activities through local clubs and National Governing Bodies of Sport.	
<b>Organisation Name</b>	<b><i>Schools, Workplace, Community initiatives</i></b>		
<b>Sport Ireland</b>		<p><b>Schools:</b></p> <p>Sport Ireland, through its Local Sports Partnership network, rolls out Youth Leadership/Sport Leadership training to secondary level students to help develop their leadership skills and empower them to contribute to Sport in their community. The syllabus is designed to develop generic leadership skills that can be applied to a variety of sports and/or recreational situations as well as contributing to the personal development of the learner.</p> <p>The 'Schools Walking Project', which has recently been developed by Get Ireland Walking in collaboration with Sport Ireland, Mountaineering Ireland &amp; Healthy Ireland and funded through the Dormant Accounts Fund, aims to increase physical activity levels in adolescent schoolgirls through a flexible walking programme. The aim of the programme is to keep teenage girls involved in physical activity and to reactivate girls who may have already decreased involvement or dropped out participating in sport or physical activity.</p> <p><b>Workplace:</b></p> <p>Sport Ireland recently contributed to the Healthy Ireland Workplace Framework consultation process through the Institute of Public Health in Ireland which is being</p>	

		<p>coordinated by the Department of Health and the Department of Jobs, Enterprise and Innovation. The aim of the process is to develop a practical resource to help create and sustain healthy workplaces throughout Ireland.</p> <p><b>Community Initiatives:</b></p> <p>Sport Ireland has helped to develop 15 Community Sports and Physical Activity Hubs across Ireland since 2015. These Hubs seek to work with sports clubs and local organisations to improve the sport offering in their local communities. The hubs provide information, support and advice on a wide range of sports and physical activities to make it easier for people in disadvantaged areas to get involved and engage in a more active and healthier lifestyle.</p> <p>Sport Ireland’s Community Coaching programme focuses on successfully assisting unemployed people to gain employment in the sports sector. It also aims to contribute to the promotion of both physical and mental health amongst participants and in the community through the subsequent employment and volunteering work carried out by participants.</p> <p>Get Ireland Walking is a national initiative of Sport Ireland that aims to maximise the number of people participating in walking - for health, wellbeing and fitness - throughout Ireland. They aim to unify and enable the efforts of all recreational, sporting and health promotion agencies and associations interested in promoting walking.</p>	
--	--	--	--

		Sport Ireland is seeking to develop a physical activity for health culture in Ireland through the development Get Ireland Running, Get Ireland Cycling and Get Ireland Swimming initiatives.	
<b>Organisation Name</b>	<b><i>Research and Evidence Based Activities</i></b>		
<b>Sport Ireland</b>		<p>The Irish Sports Monitor is a nationally representative population survey that measures adult participation in sport and physical activity across the Republic of Ireland and compares it with information published from previous years. For the 2015 report, survey data was collected from over 8,500 adults aged 16 years and older between April 2015 and April 2016. The 2017 report is currently underway and data collection will conclude in December 2017 with an interim report examining the first six months of data collection due in the latter half of 2017 and the full year report in Q2 of 2018. The Irish Sports Monitor has been collecting data and publishing reports since 2007 with six reports published to date.</p> <p>Sport Ireland also work with Age and Opportunity (Go For Life programme) to conduct Research examining the participation and attitudes of older people in Ireland towards physical activity and sport.</p> <p>Sport Ireland are also working as a partner alongside the Department of Health (lead responsibility) on the below physical activity research, as outlined in the National Physical Activity Plan for Ireland:</p>	

		<p>Establish a systematic, regular and long-term national surveillance system to monitor physical activity levels in each of the target groups, including key performance indicators aligned with Healthy Ireland</p> <p>Establish a set of baseline figures on physical activity and sedentary levels for each of the target groups</p> <p>Establish a research programme to inform policies aimed at improving physical activity levels in each of the target groups</p> <p>Develop a national database for sharing examples of quality evidence-based practice and programmes</p> <p>Develop a standardised evaluation framework for publicly funded programmes designed to increase physical activity levels</p> <p>Conduct research in to the economic costs of inactivity in Ireland/benefits of investment in physical activity as a preventative strategy</p>	
<b>Organisation Name</b>	<b><i>Other</i></b>		
<b>Sport Ireland</b>		<p>Sport Ireland also have a focus on the below actions, as outlined in the National Physical Activity Plan for Ireland:</p> <p>Implement and support participation programmes with a focus on disadvantaged communities</p>	

		<p>Strengthen and enhance the capacity of the LSPs to further develop locally led plans and more long-term sustainable physical activity programmes</p> <p>Continue to support the work of the National Governing Bodies of sport in implementing programmes to promote physical activity</p> <p>Develop programmes to address transitions and drop out from physical activity and sport</p>	
--	--	--	--