

Staying safe down on the farm

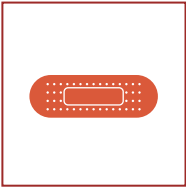
A visit to an open farm

Getting to meet the animals on a farm is exciting. But animals can carry germs, and some of these can make you sick. So you need to be careful. If you remember a few simple things you can really enjoy your visit, do a lot to keep those germs away and help keep yourself – and the farm – tidy as well.



Before your visit

Wear clothes that are right for being on a farm; for example, wellies or good strong shoes – not sandals.



Make sure that any cuts or grazes you have are covered with waterproof dressings.



Meeting the animals

It might seem like great fun, but don't kiss animals or allow them to lick your face.

Don't suck your fingers or put anything you find in your mouth.

When you're with the animals or in the animal area, don't eat or drink anything – and never eat animal food or pick up any food from the ground.



Unless someone working on the farm gives you permission, don't pick up any tools there, for example spades or forks. And don't touch any animal droppings.



Always wash your hands thoroughly with soap and water and rinse in running water before leaving the animal area. Bring moist towelettes to clean your hands if there's no water available at your destination.

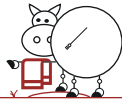


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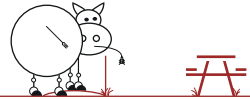
Feeding time – for you!

Wash and dry your hands properly before you start to eat.



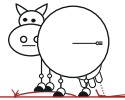
Eat only in areas where you have been told it's OK.

Eat only food you brought with you, or food you have bought from a food shop on the farm.



Don't drink from any taps unless they are clearly marked that it's OK to drink from them.

Don't drink unpasteurised or raw milk.

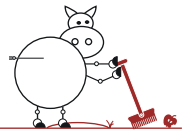


...and before leaving

Make sure you put any rubbish in waste bins.

Don't leave any food lying around behind you.

This is very important. Take it home or put it in waste bins.



Make sure you clean your wellies or shoes and then wash and dry your hands properly before you leave the farm.

